

# DISTRICT 105

TOASTMASTERS  
INTERNATIONAL®

REGION 11

NEWSLETTER VOL.3

SEPTEMBER 2020

“COMMUNICATE  
CARE  
COMMIT”



[www.toastmasters.org](http://www.toastmasters.org)

FOCUS ON DIVISION C



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# EDITORIAL

**“Unity is strength. When there is teamwork and collaboration, wonderful things can be achieved”**, said the famous American poet Mattie Stepanek. It was sheer serendipity that I chanced upon this quote, just as I was about to pen the editorial. Truer words haven’t been said, this Newsletter exemplifies teamwork and collaboration!

When I first heard about a **‘District Newsletter’** for every division, my initial reaction was one of eager anticipation and excitement!!! This bubble of excitement was diffused for a while when I was asked to be a part of the Editorial team. While I was pretty elated, the butterflies in my stomach wouldn’t stop fluttering!!! I had my own self-doubts and fears. I was apprehensive. This was a major task and a prestigious one too. **“Will I be able to meet the expectation of the team?”**, I wondered and questioned myself.

Emboldened by the confidence instilled in me by DTM Sowmya Rangarajan, I decided to take the plunge and joined the Editorial team! The last 2 months, I have been working with a dedicated group of individuals who are extremely focused. Burning the midnight oil has become a regular routine - these days! Blending work with banter is something we have become experts in! Working on this Newsletter has had a positive impact on me: what I enjoy the most is the camaraderie among the team. The response that we received for our first Division

A newsletter has truly been heart-warming and has motivated us to work harder.

Staying in the UAE for the last few decades, my favourite road trip destination has always been Oman. Be it the beaches or the mountains, the culture or the heritage, Oman has cast its spell and mesmerised me! We have explored Oman at length. Of late though, I have started looking at Oman through the eyes of a Toastmaster. Exploring the Toastmaster fraternity of Oman has been a revelation. I am awestruck by the diversity of the clubs present in Oman! Each day, I am getting to know new facets of the true jewel that Division C is. Hope you all too enjoy discovering the depth of talent that is present in the clubs of Division C.

I would like to express my heartfelt thanks to DTM Deepa Surendran and DTM Sowmya Rangarajan for placing their trust and confidence in my abilities. It is indeed an honour and privilege to be a part of this prestigious team. It is our earnest endeavour to highlight the best of each division through our Newsletters and hope we succeed in doing that.

**“We all need people who will give us feedback. That’s how we improve”** said Bill Gates. So, go ahead, take the time to savour this newsletter and do send in your feedback. We are waiting to hear from you...



I wish I had learnt to drive! Though I had learnt driving in India I never took a driving license in the UAE. Sitting behind the wheel and going for a long drive has always been my dream!

**RADHA HARI**  
EDITORIAL TEAM

## NEWSLETTER TEAM - WHIMS AND FANCIES



Sports was never my forte, and I can't say I have regrets. I only wish I knew cycling. It would be so heavenly to cycle lazily through quiet streets, with a cool breeze blowing against my face.!

◀ **SOWMYA RANGARAJAN, DTM**  
CHIEF EDITOR

I wish I had learnt the skills of swimming and cycling. Apart from running on the treadmill or going for walks, I could have gone for cycling tours and also may be swam across the English channel!

**SARO THARYAN, DTM** ▶  
EDITORIAL TEAM



The over-optimistic me always feels, it's never too late to develop any skill. However, I wish I had used my carefree and fearless days to master few life skills like driving a four-wheeler and swimming. Now, I can only save my own life!

◀ **TM SHILPA SHREEMANTH**  
EDITORIAL TEAM

I am fascinated by the famous Spanish dance form Flamenco, which is characterized by intricate hand and body movements and percussive footwork. It has been my ardent wish to learn at least a few steps of Flamenco and swirl to the tune.

**TM PADMAJA DELEEPKUMAR** ▶  
EDITORIAL TEAM



I long to find my centre through flowing movements. I truly enjoy dancing and practicing yoga. However, I also want to learn martial arts and Tai Chi. I hope to meet a Mr. Miyagi someday who will teach me.

◀ **TM RUCHI UNDEVIA**  
EDITORIAL TEAM

I would like to learn the art of making money fast by fair means. WINK!

**NITIN MEHRA** ▶  
DESIGNER





# C STANDS FOR COMMUNICATION

**NELSON MENEZES, DTM**  
DISTRICT DIRECTOR  
DISTRICT 105, REGION 11

***“To effectively communicate, we must realize that we are all different in the way we perceive the world and use this understanding as a guide to our communication with others.”*** – Tony Robbins

We all know that online meetings are the new norm. With the advancement in technology and speed of business, those who master interpersonal skills are not only a greater asset in today’s workforce, but achieve greater success too. Interpersonal skills include people skills as an essential ingredient and what better place could there be to improve people skills than at Toastmasters!

***“Communicate, Care, Commit”*** – you have devised the perfect mantra to resonate with Toastmasters Mission and values.

One should communicate to bring positive impression. Nothing is more powerful in communication than a well-placed compliment, provided it is insightful, precise and empathetic.

The impressive performance of Division C clubs is testimony that you care for your members. It is the care of senior Toastmasters, leaders and mentors, that creates the motivational platform for eager members to learn, unlearn and relearn.

This year Division C is led by a very calm, candid and composed Division Director DTM Dileep Kumar. Along with his 3 Area Directors – Safiya, Prajeesh and Suhas and his core team, DTM Dileep Kumar is committed to take Division C to greater heights. I wish them super success and promise assurance of our fullest support.

I take this opportunity to congratulate **Janaki Raghavan, DTM** on being chosen as Area Director of the year, District 105 for the term 2019-2020. Congratulations on having led Area 12 brilliantly. District 105 adjudged **Elite Toastmasters Club** as the best club of Oman for the year 2019-20. My Congratulations to President TM Soni Budhia, the

club Excom, and every member of Elite TMC. The achievement is truly commendable.

As I reflect back to March 2020, I am happy that our clubs, areas and divisions have adapted to online platforms. The success of our District Annual Conference in May 2020 on a virtual platform, is testimony to our ability to combat challenges.

This year we have global challenges and as a district we are geared up to face the same with positivity and belief. TMI has announced that Area, Division and District speech contests will all be online. As your District Director I encourage every member to work towards making your virtual club meetings lively and fun-filled. This in turn will result in positive member experience and enhanced club quality.

My special wishes to Division C leaders, mentors, advisors and club members. I urge you to work as a TEAM with a common focus in mind, to take Division C to the next level. Aim for 100% Pathways adoption in your division and assist District 105 in achieving a similar goal.

Let us all focus on developing solutions rather than brooding over the prevalent challenges. I echo the words of Napoleon Hill – **“If you cannot do great things, do small things in a great way”**.

Congratulations and here’s wishing members of Division C family the very best.

**NELSON MENEZES, DTM**  
DISTRICT DIRECTOR  
DISTRICT 105, REGION 11

**DTM Nelson loves cooking and butter chicken is his signature dish. He even participated in a Foodshala contest, in Dubai, a few years ago.**

# C STANDS FOR CONVERSATION



**GURBINDER PUNJ, DTM**  
PROGRAM QUALITY DIRECTOR  
DISTRICT 105, REGION 11

Great conversation isn't just about what you say, but when you say it.

Unfortunately, too many of us don't actually listen to our conversation partner in the hope of understanding them. We tend to listen just so we know when we can next take our place in the spotlight without appearing too rude!

This means that two people can have what appears to be a conversation, but is in reality a simple game of **"When do I next get to speak?"** This kind of **"conversation"** is a complete waste of time, because no one gets the chance to learn anything new, and no real relationship is forged.

Toastmasters lay great importance on listening. Did you know that there are several ways in which we can listen to one another? These approaches are called listening positions. When we listen, we can engage in critical versus empathetic listening, and active versus passive listening.

Some meeting roles in Toastmaster provide us with the skills to listen with focus and empathy. After you listen, when you speak with variations in your pitch, volume and speed, the response demonstrates that you care and are committed to providing feedback that enhances the competency of a fellow member or officer.

Let us work on developing the key communication skill of listening.

***Communicate, Care, Commit.***

Regards

**GURBINDER PUNJ, DTM**  
PROGRAM QUALITY DIRECTOR  
DISTRICT 105, REGION 11

*Is there a proverb or quote you disagree with ?*

***"Spare the rod, spoil the child."***

**I disagree. You never have to hit children to correct them.**



## C STANDS FOR CAMARADERIE

**RANIA ABUL-RUB, DTM**  
 CLUB GROWTH DIRECTOR  
 DISTRICT 105, REGION 11

It is a great pleasure to address my dear friends and members of Division C, from lovely Oman. Despite our geographical distances, we have met and interacted on so many occasions, at District meetings and conferences, and I have built a long list of unique and amazing friendships.

During the lockdown months, I received another great opportunity to interact and discover more of the reasons that make your Division really special.

For me, Division C stands for Camaraderie. I have witnessed, sensed and experienced the camaraderie in your meetings; in the various interactions between members and in the way you look after your guests both personally and virtually. This camaraderie is your source of strength and uniqueness; you use it well to build trust and everlasting friendships, turning your Division into one united and caring family that looks after its members. It is this camaraderie again, that has helped you in creating strong solid clubs that support their members in achieving excellence.

Despite the versatility among your clubs, their different backgrounds and cultures, you have mastered the skill of weaving that amazing camaraderie and unity within your members. Each member in turn gives his/her best to other fellow members, thus raising the bar of quality and service to them, while fulfilling the club mission every step of the way.

I wish my fellow members of 'Division C' continuous prosperity and success. Keep doing the fantastic work you do, elevate your members' experiences, support, and nurture them all the way.

Yours in Toastmastering,

**RANIA ABUL-RUB, DTM**  
 CLUB GROWTH DIRECTOR  
 DISTRICT 105, REGION 11

*I am really good at creating school art, basically the bulletin boards of different themes. For several years, I was in charge of creating kindergarten bulletin boards for my mother who was a kindergarten teacher for Montessori.*



# C STANDS FOR CONNECTION



**DEEPA SURENDRAN,**  
PR MANAGER  
DISTRICT 105, REGION 11

Division C advocates the values mentioned in its tagline - **Compassion, Care, and Commitment**. The root of all of the three, is one word - connection. You can neither commit to, nor be caring and compassionate towards something, you aren't connected to. All three values must be at the core of every connection we make, be it at Toastmasters, or in our personal relationships. Hence, I really appreciate Division C Director DTM Dileep Kumar and the team for carefully coining this tagline.

Variety is the spice of life, and most of us love spending time with a variety of people. For extroverts or even introverts, complete isolation is the worst nightmare, especially when it is this long. No virus can stop us Toastmasters, from interacting; no wonder we have moved on easily to virtual platforms to continue with all our Toastmaster activities.

Division C has always been a leading Division of District 105. It has directed its focus towards building connections and preserving the quality of its clubs. We can see how efficiently Division C is tackling the present situation. All three Area Directors, TM Prajeesh Varkey, AD 10, TM Safiya Al Yarabi, AD 11 and TM Dr. Suhas Deshmukh - AD 12, and the Division and Area teams are continuously supporting their clubs and encouraging them to maintain the standards set by previous leaders.

From District 105, we wish Division C the very best, to continue maintaining high standards by staying Connected together, as always.

Cheers,

**DEEPA SURENDRAN,**  
PR MANAGER  
DISTRICT 105, REGION 11

*"Is there some skill you wish you had?"*

*I wish I possessed better language skills, and the ability to speak fluently in multiple languages.*

# C STANDS FOR COMMITMENT



**DILEEP KUMAR, DTM**  
 DIRECTOR  
 DIVISION C- DISTRICT 105

**'Members' Goals are our first priority'**, says Division C Director, DTM Dileep Kumar

**"No steam or gas drives anything until it is confined. No Niagara is ever turned into light and power until it is tunneled. No life ever grows great until it is focused, dedicated, and disciplined."** — Harry E. Fosdick

It is my honor and privilege to serve as your Division C Director for this year. This wonderful and probably once in a lifetime opportunity has greatly inspired me to learn, share, and contribute.

Our team's construct is anchored on the guidelines and core values (Integrity, Respect, Service, and Excellence) of Toastmasters International and also on the willingness of our members to enhance their communication and leadership skills. The **"Member First"** approach is the overarching intent behind the Division's plans and implementation methods for this year. Our Division C team is dedicated, committed, passionate, and eager not to leave any

stone unturned when it comes to finding vistas that will enhance the progress of our members.

Let us deepen our awareness about the immense tangible and intangible benefits of being a Toastmaster, seek assistance as and when required, spell out our communication and leadership goals, and work towards achieving them so that our journey becomes fulfilling and purposeful.

As your Division Director, I strongly believe that when we support members to achieve their goals, we automatically meet our Club's, Area's, and Division's objectives too. The top clubs in the world never work with DCP goals in mind. They work to fulfill their members' dreams.

Your success is our ultimate goal. We educate, empower, and elevate our members because we care. We are here to communicate and are committed to serving. In Division C we learn and grow as a family.

*I am almost 65 years old and I want to enjoy the rest of my life with family and friends. I am a good handyman and enjoy repairing all types of household items even electronic and electrical.*

# DIVISION STRUCTURE

C

## AREA 10

OTE Toastmasters Club  
Malayalam Toastmasters Club  
Ruwi Malayalam Toastmasters Club  
Al Khalili Sunrise Toastmasters Club

## AREA 11

Bahwan International Group Toastmasters Club  
Domina Toastmasters Club  
RMS Toastmasters Club  
Mana TKS Toastmasters Club  
Muscat Debaters Toastmasters Club

## AREA 12

Distinguished Speakers Toastmasters [DSTM] Club  
Elite Toastmasters Club  
Chandana Toastmasters Club  
Muscat Family Toastmasters Club  
Voltas Oman Toastmasters Club  
Kamban Tamil Toastmasters (KTTM) Club



**TM PRAJEESH VARKEY**  
AREA 10 DIRECTOR

Four years ago, when I started my journey in Toastmasters as a newbie, I feared to stand in front of a crowd, without a podium. As sessions went by, the fear slowly dwindled to make way for free movement and gestures. I am still working on this factor though.



**TM SAFIYA AL YARABI**  
AREA 11 DIRECTOR

Every time I stand up to deliver a speech, there is a completely different feeling. Understanding the audience and their response, is the driving force that helps me fine-tune my delivery each time. This is a tough skill that demands a lot of impromptu delivery, and I am trying to work on it.



**TM SUHAS DESHMUKH**  
AREA 12 DIRECTOR

I joined Toastmasters at the age of 59 and my aim was to tell stories of my life. Though I joined late, I compensated by having complete involvement, playing almost all the leadership roles in the past 3 years. I am enjoying my journey in Toastmasters, I have nothing to complain, nothing to prove but a lot to improve!

# INSIGHT INTO DIVISION C

## COMMUNICATING WITH CARE AND COMMITMENT



OMAN KIDS GAVELIERS WITH MUSCAT FAMILY TOASTMASTERS

Division C was born in the year 2017-18, when District 20 was reorganized and divided into two districts, District 20 and District 105. Though still an infant, Division C has a healthy membership of over 320 members in its 15 clubs spread across three Areas (10, 11 & 12). The division has a mix

of members from different nationalities; however, the involvement of the Asian region is predominant. The clubs, which are geographically located across the city of Muscat, meet at locations that offer the convenience of proximity, either to the office or homes of members.

## INFANCY – A TRIBUTE

The division has been nurtured with care, like a child would be, by every Division Director who has fostered it. Their vision was clear, and the division's unspoken motto became, **'members will be our first priority'**. Step by step, the division ascended the ladder of recognition and success, steered by its caring and committed leaders.

Under the leadership of its first Division Director, DTM Subhashini Sumanashekara, Div C began moving with a confident

crawl. She introduced two new clubs to the family and enhanced membership from 222 members to 236 members. DTM Dinesh Decker, the second Division Director, set the division on a steady walk by further increasing the membership to 265. The third Division Director, DTM Chetlur Prasad, stepped up the pace to a jog; an additional 53 members and two new clubs became part of Div C. The division is now ready to sprint!

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## ACCOLADES - THE YEAR THAT WENT BY

An infant it might be, but Div C has proved its mettle and asserted its presence. Several accolades came its way in the year that went by (2019-20).

- Div C achieved President's Distinguished Division Status; 11 of its 15 clubs attained President's Distinguished Club status.
- Division C was ranked third in District 105.
- Area 12 was ranked Number 1 in the District and DTM Janaki Raghavan, Area Director of Area 12, won the Best Area Director Award
- Elite Toastmasters Club from Area 12 was adjudged the best club in Oman.
- 12 out of the 15 clubs achieved the Super 7 COT award.
- 5 out of the top 10 clubs in District 105 are from Division C in terms of educational awards.
- 17 DTMs, 57+ Triple crowns, and 370 educational awards were won by 318 members.
- 13 CGD awards (Smedley, Lead & win, Talk up Toastmasters & Proactive club) came it's way
- Two new clubs Kamban Tamil Toastmasters Club, and Voltas Oman Toastmasters Club were chartered.
- DTM Kalpana Prakash, DTM Lakshmi M.G. and DTM Abraham Chacko found a place in the list of best coaches of the district.

## VALUES - THE BUILDING BLOCKS

Division C has been one of the most successful divisions of the district. Its membership has grown by 35% in the last two years. What made this possible is its culture, the culture of inclusiveness, and emphasis on member development. The leadership, beginning from club Excom members to Area and Division Directors, believes in empowering members. Superior quality learning sessions are conducted in a congenial environment, and clubs are the first-choice providers of experiential communication and leadership skills development.

**Teamwork** - Transparency, camaraderie, mutual respect, and deep-rooted intent to help each other are the cornerstones of teamwork. Div C makes an earnest attempt to incorporate member views and encourages healthy debates before implementing initiatives.

**Agility** - COVID 19 had put brakes on the learning process of members. The biggest challenge for the leadership, was to ensure that the transition to the new medium was smooth, and members accepted the change. To facilitate this, Div C leaders encouraged clubs to go online, and provided an overview of different platforms (Zoom, Google meet, etc.) that could be used. They also shared experiences of different clubs to show how the virtual medium could open gates of unlimited opportunities. The agility of members to adapt, led to successful online area and division contests. Division C was one of the earliest to go virtual.

**Quest for quality** - The quest for quality is deep-rooted, and all activities are centered around members. One of the initiatives towards this end, was the formation of the Pathways Committee to educate members about Pathways; a first of its kind in the entire district. Six Pathways training sessions were conducted where hands-on training was provided. As a result, the division's Pathways adoption rate was 82%, one of the highest amongst divisions of the District.



## STANDING APART - CARVING A NICHE

Most divisions of District 105 can boast of diversity. A plethora of professionals from different nationalities, seek personal growth under the umbrella of Toastmasters. However, Division C takes pride in a rare kind of diversity, one that is an outcome of eager community involvement. It has 5 bilingual

clubs that use a regional Indian language along with English in their club meetings. Tamil, Malayalam, and Kannada clubs have allowed close-knit communities to develop their language skills in an environment that offers comfort and promotes confidence. Apart from these, Div C is also home to 4 corporate, one Arabic, and one club for ladies only.

Innovation is the way to move forward. Division C has devised a simple and novel concept based on practicality. Two clubs of the division, Oman Kids Gavel club and its parent club Muscat Family TM Club work in tandem. The Gavel club which prepares children between the age of 8 and 13 for public speaking, meets at the same time and on the same premises as the parent club. Parents and children both are at Toastmasters at the same time at different meetings; what ensues is healthy competition and mutual support. Commute time is saved, parents and children motivate each other to join Toastmasters, and families bond with common interests. What is fascinating is that the onset of online meetings has not deterred these clubs; they have smoothly worked out alternate arrangements to overcome this situation too.

It is probably only at Division C that one might find budding Toastmasters all of 8 years eager to share a stage with veteran Toastmasters in their sixties.

## THE WAY FORWARD

The division does not believe in resting on its laurels. Goals for the year have been set with a clear vision, and action has begun. The division hopes to add new clubs to its family, increase its membership strength, hold Open House events, and conduct Moments of Truth sessions in all its clubs. At least 10 clubs have set their sights on becoming President's Distinguished Clubs. If there is one C that does not describe the spirit of Division C, it has to be Complacency. Division C is reaching for excellence in Communication, with Care and Commitment.

### Article Written By



**TM PRASHANT BAFNA**  
PRESIDENT, MUSCAT FAMILY TOASTMASTERS  
CLUB AND ASST PQD AREA 12

**TM Prashant is a banking professional whose entire family is with Toastmasters. His goal for the club is to lay strong foundations such that it attains highest standards.**

**He believes he has the ability to see ahead.**

# CORPORATE STRATEGY

## SUCCESS STORY OF BAHWAN INTERNATIONAL GROUP (BIG) TOASTMASTERS CLUB

*History has not always been kind to Corporate Toastmasters Clubs. For multiple reasons, they have struggled to sustain their growth. This article shares the rare and inspiring success story of a corporate club of Division C.*



### 14 YEARS AND STILL GOING STRONG.

**‘You are Volunteered’** is a standard phrase we use at Bahwan International Group (BIG) Toastmasters Club. This corporate club was founded by the company, Suhail Bahwan Automobiles LLC in 2007.

When the club was just two months old, our VP Education left the company. The Club President met one of the members and told him, **“You are volunteered to be the next**

**VP Education.**” The member accepted the role even though he was just two months old as a Toastmaster. This enterprising Toastmaster who took up the role of VP Education for BIG Toastmasters club in April 2007, is currently the 2020-21 District 105 Program Quality Director DTM Gurbinder Singh Punn! Since then, the phrase ‘you are volunteered’ has stayed with us, and done wonders for our members over the past fourteen years.



## THE BEGINNING

Suhail Bahwan Automobiles LLC was started in Muscat, Sultanate of Oman in the year 2004. Most of the employees were first-timers in Oman. How to spend time fruitfully after office hours, was a constant

concern in our minds. Raghunath Nair, an employee who was also a member of Toastmasters in Dubai before joining the Suhail Bahwan Group, took the initiative to form the club. We were also supported by a few Veteran Toastmasters from Muscat.



## THE CLUB

With the blessings of our Chairman Shk. Ahmed Bahwan, the SBAG Toastmasters Club was Chartered in February 2007 with 22 members. We have since renamed the club - BIG Toastmasters Club. This led to a new beginning for the Oman Toastmasters movement.

Even though we are based in Oman, we were part of an area from Dubai in 2007. Today Oman has 5 divisions, 14 Areas, 77 Clubs, and an overall member strength of more than 1400.

## THE SUCCESS STORY

BIG Toastmasters Club is very proud to have played an important role in the Renaissance of the Toastmasters movement in Oman.



Over the past 14 years, our club has produced 6 DTMS and winners in all 4 categories - International, Humorous, Table Topics, and Evaluation, to represent the division at the district level. We have achieved the President's Distinguished Club status every year, except for two years in between.

The Club has contributed to the development of the communication & leadership skills of more than 400 employees of our Company. One of the major factors that has contributed to the success of the club was the support of our Chairman Shk. Ahmed Bahwan and the Executive Director Shk. Abdullah Bahwan. The club has a policy of no free membership. Each one of us pays the monthly subscription individually. The members are made to contribute, to make sure that they take their participation very seriously and with commitment.

Another key reason for the success of the club is the mentoring from the seniors of the Company. We have members from entry-level employees to Heads of Departments. The senior members take ample time to mentor club members. 'You are Volunteered' helps in ensuring that members take ownership of mentoring other members.

We involve the family members of Toastmasters in many activities such as Officers Installations, Club Contests, Annual Picnics, etc. This inclusion of family makes the members more committed.

We conduct meetings every week regularly, irrespective of the number of members present. Meetings have been held even with just three members. It is a simple yet effective policy of conducting a meeting with less attendance, rather than skipping it.



Toastmasters Management talks have become something to look forward to in the Company's calendar. We have



brought to our Club stalwarts such as Past International President DTM Balaji Arunasalam, and Regional Advisor DTM Dunstanette Mccauley.

In summary, the BIG Toastmasters club has grown and sustained over the years thanks to the support of the top management, the robust mentoring program, and the belief that there is no free lunch; you pay for what you gain. Keynote speeches, Management Talks, and family inclusion at important events have further bolstered and encouraged Toastmasters to enjoy their learning.

Every member of the club has benefitted immensely and is proud of the club's achievements. However, this year has been tough on every member of the Toastmasters fraternity including ours. The adversities we face today are an opportunity to learn new skills. Every member of our club today is capable of conducting webinars which was unthinkable a year ago. Ours is a single location club and with the current online meetings, members can attend meetings from multiple locations. We have learned to convert the adversities to our advantage and are moving from strength to strength.

In BIG Toastmasters club we will continue to provide a Supportive and Positive Learning experience and continue the legacy - **'You are Volunteered'**.

### Article Written By



**DTM TOM CYRIAC**  
BAHWAN INTERNATIONAL GROUP  
TOASTMASTERS CLUB

**DTM Tom Cyriac is the Charter President of BIG Toastmasters Club. He is very passionate about mentoring members and taking up challenging roles.**

# CAPTIVATING REGIONAL COMMUNITIES, WITH TOASTMASTERS

Language is one of the most important ways through which we communicate with one another. Language is a vital part of human connection and is central to our existence. It is with language that we express our thoughts, the tool with which we build new relationships and experiences.

In the 1930s, huge oil reserves were discovered in Eastern Arabia and the region soon became a major oil-exporter. Work opportunities in the region opened up in the 1970s. Coupled with the high unemployment in India, this attracted semi-skilled and skilled people from different parts of India, and predominant among them were Keralites. These first-generation migrants from Southern India who had grown in the surrounds of paddy fields and bountiful rivers only knew their Dravidian tongue. Through sheer hard work, the migrants realized their dreams of prosperity and gained social status, which resulted in strong bonding within the migrant communities.

Toastmasters International focuses not just on improving public speaking and leadership skills, it also provides a platform where individuals can strengthen command over their chosen language. Toastmasters International supports 10 non-English languages too, which include Tamil and Arabic.

Division C stands out as a division that has recognized the potential of community

bonding, and taken Toastmasters to them. It is interesting to see a significant presence of regional languages in their clubs. Of the 15 clubs in Division C five are bilingual and a sixth is an Arabic club.

Malayalam TM Club, Ruwi Malayalam TM Club, Al Khalili Sunrise TM clubs conduct their Toastmasters meetings in English and Malayalam while Kamban TM club, the newest bilingual club chartered in December 2019 has members speaking in Tamil and English. Chandana TM Club is probably the only club in district 105 which has a Kannada language presence.

## MALAYALAM TOASTMASTERS CLUB MEETING



All humans want to stay associated with their roots, and language is a great connect. According to some club members, the concept behind the genesis of bilingual clubs is their wish to strengthen and gain command over their native languages too, while trying to overcome stage fear. There are others who believe that a bilingual TM

club gives youngsters a chance to develop their regional language while staying in a foreign land. The members of Kamban TM club wish to gradually increase the Tamil impact, but the present focus is on developing their public speaking skills in English. Chandana Toastmasters made a start with Kannada and English sessions, drifted into meetings in English only, and are now gearing up to bring back bilingual meetings with Kannada again.



Muscat Debaters Club, an Arabic club, was formed by one of the pioneers in Toastmasters, DTM Saleh, to attract local residents and represent the native language of Oman, internationally. The club which focuses on debating also, along with speaking, boasts of an attendance of 20 plus members at its meetings.

Whatever be the sentiment, Division C has brought communities together and helped them grow by providing a structured and formal platform where both veteran and novice speakers can build their language skills. The impact has been remarkable and encouraging. The Malayalam clubs have been conducting inter- club speech contests in Malayalam since 2017 but this year 2 outstanding speakers from

Malayalam TM club and Ruwi Malayalam TM club went on to represent Oman in an International Malayalam speech contest panning 7 countries and 5 TM districts.

While the Tamil, Malayalam, Kannada and Arabic communities may have formed bilingual clubs, there also exist other strong communities like the Telugu speaking communities which support and strengthen their clan through conventional Toastmasters Clubs that function in English.

Division C's success is an example of how individuals achieve and at the same time celebrate each other's success as their own, representing synergy and harmony. Division C's success lies in its unique policy of inclusion.



**TM DR. PRITI SAMBHALWAL**  
CHANDANA TOASTMASTERS CLUB

**TM Priti is a strong believer in serendipity and welcoming change in her life. She discovered lot of her hidden talents like painting and singing during this Covid-19 times.**

## வாய்மையே வெல்லும்! - கவிஞர் சுரேஜம்

சித்திரமும் கைப்பழக்கம் செந்தமிழும்  
நாப்பழக்கம்  
வைத்ததொரு கல்வி மனப்பழக்கம் -  
நித்தம்  
நடையும் நடைப்பழக்கம் நட்பும் தயையும்  
கொடையும் பிறவிக் குணம்.

என்னடா தலைப்பிற்கும் இதற்கும்  
சம்பந்தம் இல்லையே எனும் உங்களின்  
மனம் எழுப்பும் குரல் என் காதுகளை  
எட்டிவிட்டது.

ஆனால், தலைப்பின் அவசியமும்  
நமது சொல்வேந்தர் பயிற்சியின்  
தொலைநோக்குக் கனவையும் உணர்ந்தே  
மேற்கோளாக இந்தப் பாடல் தெரிவு  
செய்யப்பட்டது.

பாடலின் முதல் அடியை அனைவரும்  
அறிவோம்.

யாப்பு வகையில் மிகவும் கடினமான  
\*\*வெண்பா\*\* எனும் இனத்தைச் சேர்ந்த  
பாடல் இதுவாகும்.

கடினமான பயிற்சியைத் தானே  
சொல்வேந்தர் மன்றமும் முன்  
நிறுத்துகிறது.

பழகப் பழகத் தான் மொழி வாய்க்கும்;  
வரைய வரையத் தான் ஒவியம்  
கைகூடும். மனதில் அசை போடப்  
போடத் தான் கல்வியும் சிறக்கும்.  
நம்முடைய நடத்தைக்குக் காரணமாக  
அமைவது சீரிய ஒழுக்கத்தைத் தவறாமல்  
கடைப்பிடிப்பதால் வருவதாகும்.

ஆனால்,  
நட்பு, இரக்கம்,பிறருக்கு ஈந்து மகிழும்  
தன்மை என்பது

நம் தாய், தந்தையர் கற்றுக் கொடுத்தால்  
ஒழிய வாரா.

ஆக, சிலவற்றைப் பழக்க, தொடர் முயற்சி  
இருந்தால் போதும்; சிலவற்றிற்கு  
பிறப்பில் இருந்தே முன்னவர்கள் பழகி  
இருந்து, நமக்கு அவர்கள் மூலமாக  
வந்தால் ஒழிய, கற்றுக் கொள்ள வாய்ப்பு  
இல்லை என்பதே பாடல் கூறும் கருத்து!

இதற்கும், சொல்வேந்தர் மன்றத்திற்கும்  
என்ன தொடர்பு?

சொல்வேந்தர் மன்றம் வலியுறுத்துவது  
என்ன?

- \* முறையான கல்வி
- \* முறையான பயிற்சி
- \* ஒருவரை ஒருவர் புரிந்துகொள்ளும்  
முயற்சி
- \* உதவி செய்யும் பண்பு
- \* மற்றவர்களைப் பாராட்டும் தன்மை

என அடுக்கும் அத்தனை பண்புகளையும்  
அன்றே ஒளவையார் நாம் மேற்கோள்  
காட்டிய பாடலில் சொல்லி இருக்கிறார்.

தொடர் முயற்சியை வலியுறுத்தவே இந்தப்  
பாடல் தெரிவு செய்யப் பட்டது.

நண்பர்களே,  
முறையான கல்வியும் முயற்சியும் மட்டும்  
வெற்றியைத் தந்துவிடுமா என்றால்,

இல்லை என்றே சொல்ல வேண்டும்.

வெற்றிக்கு அடிப்படை நம்பிக்கை;  
நம்பிக்கையைத் தருவது நாணயம்;  
நாணயத்திற்கு ஊன்றுகோலாக அமைவது  
நா நயம்; நா நயம் பயப்பது வாய்மையால்!

அப்பாட! தலைப்பிற்குள் வந்துவிட்டாரப்பா  
எனப் பெருமூச்சு விடுவது புரிகிறது.  
கொஞ்சம் நிறுத்தி மூச்சை விட,  
கொரொனாவைத் தூர ஓட்டலாம்!

வாய்மையே வெற்றியைத் தேடித் தரும்.

வாய்மை என்பது நேர்மையை  
மொழிவதாகும். ஒவ்வொரு சொல்வேந்தர்  
மன்றத்திலும் வழிகாட்டுவதற்காக ஒரு  
பயிற்றுனரை வைத்திருக்கிறோம். ஒரு  
செயற்குழு இருக்கிறது. தலைவர்,  
செயலர், பொருளாளர் உள்ளிட்ட  
உறுப்பினர்கள் எவ்வாறு நடந்து கொள்ள  
வேண்டும் என்பதற்கு

வாய்மையே எடுத்துக் காட்டாக விளங்கும்.

உள்ளத்தால் பொய்யாது ஒழுகின்  
உலகத்தார்  
உள்ளத்துள் எல்லாம் உளன்

என்று வாய்மைக்கு வள்ளுவர் இலக்கணம்  
வகுக்கிறார்.

அனைத்து உறுப்பினர்களையும்  
ஒருங்கே பாவித்து அவர்தம்  
உயர்வுக்கு உண்மையாகச் செயல்பட  
வேண்டும். ஏதோ ஒரு வகையில்  
ஒவ்வொரு உறுப்பினர்களும்  
திறமை வாய்ந்தவர்களே. அவர்கள்  
நம்பிக்கையோடு சொல்வேந்தர்

மன்றத்தில் இணைகிறார்கள் என்றால்,  
அந்த நம்பிக்கையைக் காக்க வேண்டிய  
பொறுப்பு நமக்கு இருக்கிறது என்ற  
வகையில் மூத்த உறுப்பினர்கள் செயல்பட  
\*வாய்மை\* அவசியம்.

வாய்மையே வெல்லும் என்பதே வரலாறு.

அத்தகைய வாய்மையை நாம் வழுவாது  
கடைப்பிடிப்போம் என்று சொன்னால், எந்த  
இலக்கையும் அடைந்து விடலாம். அதற்கு  
அடித்தளம் அமைப்பது உலக சொல்வேந்தர்  
மன்றம்.

வாய்மையைப் பழக்குவோம்! வாழ்வில்  
வெற்றி பெறுவோம்!

அன்புடன்  
கல்யாண சுந்தர ராஜன்  
கம்பன் தமிழ் சொல்வேந்தர் மன்றம்  
மஸ்கட், ஓமான்



TM KALYANASUNDARARAJAN  
KAMBAN TAMIL TOASTMASTERS CLUB

A Chartered Accountant by profession he is a writer and poet. One of his passions is event management, and he has organised various cultural activities that promote human values, through Tamil literature.

## التوستماسترز

### • نشأة التوستماسترز:

البذور لا قيمة لها إن تركت في الأواني التي تحفظ فيها، وإنما تبرز قيمتها عندما تغادر تلك الأواني إلى بيئة خصبة تساعد على النمو لكي تؤتي ثمارها ويستفاد منها، كذلك هي الأفكار لا قيمة لها إن ظلت حبيسة في نفوس أصحابها ولم تغادرها لترى النور، ويرى الآخرون بها النور.

ذلك هو حال التوستماسترز، فكرة انقذت في ذهن الدكتور رالف سميدلي وهو أستاذ جامعي، عندما لاحظ أن الكثير من الشباب الذين يتعامل معهم لديهم القدرة على إبداء آراء وأفكار رائعة من خلال الكتابة، لكنهم يفتقدون القدرة على إبداء هذه الآراء والأفكار بذات الروعة أمام الجمهور.

وجد د. سميدلي أن الحل لهذه المعضلة يكمن في إيجاد بيئة تساعد هؤلاء الشباب على التغلب على مخاوفهم ونتيح لهم المجال للتدرب على مواجهة الجمهور وذلك من خلال ممارسة الإلقاء وإعطاء التقييم البناء لهم، فقام بتأسيس أول ناد يقوم على هذه الفكرة في ولاية كاليفورنيا الأمريكية عام ١٩٢٤، ثم انتشرت الفكرة في أرجاء العالم، وتم تطويرها ليصبح لها طريق مرسوم تحقق من خلاله غايتها.

وكلمة التوستماسترز تعني المتحدث، أو المتحدث الرسمي والقائد الملهم والخطيب المفوه، وهذا نابغ من الغاية التي من أجلها تأسست، وهي تمكين الأعضاء من الحديث بثقة أمام الجمهور. ولتحقيق هذا الهدف، فإن التوستماسترز تسعى لتمكين الأعضاء من تطوير مهارات التواصل والخطابة والإقناع والقيادة، بحسبانها المهارات الأساسية التي يحتاجها العضو لإيصال فكرته للآخرين، وحملهم على التأثر والاقتران بها.

### • مسارات التعلم :

اعتمدت منظمة التوستماسترز مؤخرًا نظامًا تعليميًا محددًا يحتوي على أحد عشر مسارًا مختلفًا يعينون الأعضاء على تحقيق أهدافهم. وهذه المسارات هي:

١. التأثير المقنع.
٢. إتقان العرض التقديمي
٣. العلاقات الاستراتيجية.
٤. تعاون الفريق
٥. التواصل الرؤيوي.
٦. القيادة الديناميكية.
٧. التدريب الفعال.
٨. التخطيط الإبداعي.
٩. تطوير القيادة.
١٠. الإستراتيجيات التحفيزية.
١١. جاذبية الفكاهة

وهذه المسارات تنمي لدى العضو - من خلال التطبيق والممارسة - خمس مهارات أساسية وهي ( الخطابة، والتواصل الشخصي، والقيادة الاستراتيجية، والإدارة، والثقة).

ويقوم العضو باختيار المسار، حسب الغاية التي يطمح إليها، والجوانب التي يرغب في تطويرها في نفسه. ويحتوي كل مسار من هذه المسارات على خمسة مستويات، في كل مستوى مجموعة من المشاريع التي يجب على العضو إنجازها، وهي عبارة عن خطب يتولى العضو إعدادها في مجالات مختلفة، ولأغراض مختلفة حسب الهدف المعد لكل مشروع. ويتوخى من كل مشروع أن يضيف مهارة معينة للعضو، سواء كانت مهارات أساسية كالتى تمت الإشارة إليها أعلاه، أو مهارات أخرى كإدارة الوقت ومهارة البحث والعرض، ومهارة التخطيط والتنفيذ وغيرها.



وفي كل مشروع يقدمه العضو، يتم تقييمه، تقييماً بناءً ومحفزاً، يظهر الجوانب الإيجابية ونقاط القوة التي اشتملت عليها الخطبة، ومدى تفعيل المشروع للمهارات اللازمة لنجاح الخطبة وتأثيرها، كإستخدام الأمثل للغة الجسد، والتنوع في نبرات الصوت، والتواصل البصري مع الجمهور وغيرها. ومن ثم تقديم ما قد يحتاجه العضو من تحسينات لتجويد مشاريعه القادمة، وذلك في قالب داعم ومحفز خال من التجريح أو النقد الهدام.

وهكذا ينتقل العضو من مستوى لآخر حتى ينتهي من جميع المشاريع المقررة للمسار الذي اختاره.

#### • قيم التوستماسترز :

الغايات السامية والأهداف النبيلة، لا بد لها من مجموعة من القيم، تضمن لها الثبات والشيوع، والاقتران بها من لدن جمهور الراغبين في بلوغ تلك الغايات والأهداف. لذلك توجد مجموعة من القيم، التي ينبغي أن يتحلى بها أعضاء التوستماسترز، سواء في بيئة التوستماسترز نفسها، أو حتى المجتمع المحيط، هذه القيم هي:

١. النزاهة.
٢. الإحترام.
٣. التميز.
٤. الخدمة.

#### • أندية التوستماسترز :

أندية التوستماسترز هي البيئة التطبيقية للأعضاء والتي تساعد على بلوغ أهدافهم، حيث يتاح فيها للأعضاء تقديم مشاريعهم وتلقي التعقيب عليها ، فضلا عن المشاركة في الأدوار المختلفة التي تشتمل عليها برامج هذه الأندية، والتي أيضا تكسب الأعضاء مهارات إضافية، تخدم أهدافهم، كمهارة قيادة اجتماعات النادي، ومهارة التقييم، ومهارة التدقيق اللغوي، وإدارة الوقت، ومهارة الإنصات، وسرعة البديهة، إلى جانب تطوير ثقافة العضو من خلال ما يقدم في اجتماعات هذه الأندية من معارف وعلوم في شتى المجالات.

وتتصف بيئة أندية التوستماسترز، بأنها بيئة داعمة وإيجابية قائمة على المبادرة والعمل الجماعي، والاحترام، وتتجسد فيها قيم النزاهة والتميز والخدمة.

وكي تؤتي اجتماعات هذه الأندية أكلها، كان لابد - إلى جانب الإلتزام بالقيم - من بعض الضوابط التي تضمن خدمة أهداف النادي وأعضائه. ولذا فإنه يحظر التطرق خلال اجتماعات النادي للمواضيع السياسية، و المواضيع التي تخذش الحياء العام، وكل ما قد يؤدي للإساءة للأديان. ويختار الأعضاء من بينهم، من يتولون مسؤوليات إدارة النادي، والقيام بشؤونه.

#### • الخلاصة :

بيئة التوستماسترز المحفزة والإيجابية صنعت ولا تزال، الكثير من قصص النجاح، لكثير من الذين كان يحول بينهم وبين إبداعاتهم غياب الثقة عند مواجهة الجمهور، وفقدان مهارات التواصل الفعالة، والقدرة على الإقناع. كما صقلت مهارات الكثيرين ممن يتمتعون بالثقة وتنقصهم مهارات التواصل والخطابة.

### تم سعود المياحي

مناظرو مسقط توستماسترز  
SAUD ALI ALMAYYAH  
MUSCAT DEBATERS

TM Saud believes that human capabilities do not end at an end, as long as we continue to develop and refine them.

# CHAMPIONS 2019-20

## ELITE TOASTMASTERS CLUB



ELITE TOASTMASTERS CLUB

**“When the world relaxes, we sharpen our axes”.** This has been and is the mantra of Elite Toastmasters Club, the club that was chosen as the “Best Club for members in Oman” by the District for the year 2019-20. True to the tag line, our club has grown by leaps and bounds over the years and this eventually led to us winning the coveted award.

I had a conversation with Immediate Past President TM Soni Budhia, who added to my insight about the astounding journey of Elite’s rise to the top. TM Soni Budhia is one of the most vibrant and vivacious Toastmasters I have seen. The moment I greeted her and asked about the club’s prestigious achievement, her eyes lit up with excitement. **“During the DTAC 2020, when Nelson Menezes, DTM presented the award to us, I literally jumped out of my chair and screamed with joy, ‘Yes, we did it !!’. I felt overwhelmed with joy, pride, gratitude and honour”**, she said. Evident emotions of happiness, confidence, and accomplishment danced across her face.

Of course, this success did not happen overnight. The sentiments expressed by TM Soni are echoed by every member of Elite TM Club. Since Elite’s inception in 2012, all the members have been contributing significantly to the progress, and the club was built brick by brick. Tireless efforts, dedication, and commitment from all the members, mentors and well-wishers have helped us reach where we are today.

In TM Soni’s words, **“No one can whistle a symphony alone, it requires a whole orchestra to play it! I was fortunate to get a motivated and hard-working EXCOM team. Club officers worked relentlessly, doing complete justice to their respective roles. We started with great zeal and the enthusiasm brought us the Distinguished club status within just one month. We were the first club to achieve this status.”**

At the beginning of the year, the club had 28 members. With the diligent efforts of VP-Membership TM Ambujakshan, 29 new members joined. The club bagged all 6 CGD awards, owing to his mammoth efforts. This was

a spectacular achievement because sustaining members is a challenge for any club. Member-centric approach of the EXCOM, excellent guidance from seniors, and the firm belief of our members in the core values of Toastmasters viz integrity, respect, service and excellence are the reasons behind our success. We have always experienced great conversion rates from guest to members. The family like atmosphere, warmth, and quality of sessions goes a long way in helping guests in their decision-making.

Every plan of action is fostered by giving each member the opportunity to explore the leader within. Teams are formed for every small goal that the club wants to achieve. We take pride in flaunting the success of our members; we are known for celebrating their achievements with creativity and novelty. Our social media presence is powerful, 90% of the new members have approached the club through our website.

The club received 87 educational awards, 17 triple crowns and 35 members achieved at least one educational award each. TM Soni gave all the credit for this achievement to VP-Education TM Suhas Deshmukh, who worked tirelessly, conducted speakathons and special sessions and consistently motivated members to give their 100%.

Intrigued by her altruistic perspective, when I asked TM Soni about her own personal growth in this journey, she said, **“This was like managing a project from conception to completion. The experience taught me interpersonal skills; smartness in thought, communication and resilience”**.

Proactiveness of the EXCOM, handholding of senior Toastmasters, a strong social media presence, consensus to a common vision, all the ingredients for a successful club are evident in Elite.



**SONI BUDHIA**  
IMMEDIATE PAST PRESIDENT  
ELITE TOASTMASTERS CLUB

**“When an individual wins, our club wins. Everyone has worked hard and today we are reaping the rich harvest of our hard work!”**, I once again quote TM Soni Budhia, a true leader speaking for one and all at the club.



**NEETHU UNNIKRISHNAN**  
ELITE TOASTMASTERS CLUB

A Toastmaster since September 2019 with Elite Toastmasters Club and a chartered accountant by profession. Her interests include cooking and travelling.

## WAKE UP... MAKE IT HAPPEN!

This is what Mana TKS Toastmasters club believes in. Since the last three years, Mana TKS has been bringing out a club calendar designed by us, and this year too we planned to bring out the calendar in a unique manner.

There is nothing like a deadline to get anyone motivated. So, we felt that a calendar would be the best option to remind us about our targets, our deadlines, our achievements of the past and vision for the future.

This year as the President of the club, I was thrilled to use the opportunity to revamp the club calendar to suit the goals

and targets of the club for 2020-21. It was launched by the Division C Director on the occasion of the installation ceremony of club officers in the presence of the District 105 Director, Program Quality Director, Area Director, senior Toastmasters and club members. Our calendar won appreciation from all quarters.

Coming to the design of the calendar, we have used colour coding to give it better clarity. It gives the list of club officers, highlights the session dates and weeks (Friday) with a specific colour, and indicates the PQD, CGD awards in blue and red colours respectively as indicated by TMI.

## CLUB ACHIEVEMENTS

Year 2016 - 2017			Select Distinguished Club	
Year 2017 - 2018			President's Distinguished Club	
Year 2018 - 2019			President's Distinguished Club	
Year 2019 - 2020			President's Distinguished Club	
2016 - 17	Area Contest	Humorous	MTM Manasa	1st Runner
			TM Kashinath	2nd Runner
	Division Contest		MTM Manasa	Winner
	DTAC		MTM Manasa	Participation
2017 - 18	Area Contest	Humorous	MTM Srividya	1st Runner
		Table Topics	TM Venkatesh Kulkarni	1st Runner
		International	MTM Srividya	1st Runner
2018 - 19	Area Contest	Humorous	MTM Champakavalli	Winner
			TM Chethanya Kumar	2nd Runner
2018 - 19	Division Contest	Humorous	MTM Champakavalli	1st Runner
	2019 - 20	Area Contest	Humorous	TM Chethanya Kumar
International			TM Chethanya Kumar	2nd Runner
Evaluation			TM Sridhar	1st Runner
Table Topics			TM Anil Kumar	2nd Runner

A glance at our calendar clearly gives the target dates for our goals, contest dates (club, area and division) and membership programmes.

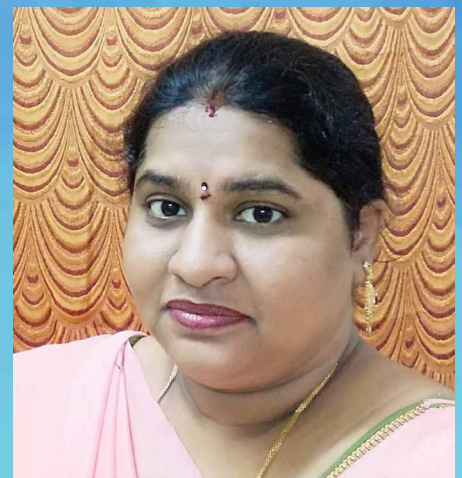
Furthermore, the first column has the contacts of our club officers, with positions indicated for better communication. The second column indicates the list of PQD and CGD awards aimed for the term 2020-2021, along with dates, eligibility criteria and officers responsible for them.

The third column indicates all the club achievements between 2016 and 2020. As virtual sessions and meetings have become a norm this year, our club calendar comes handy in a PDF format giving all

the details that a club officer or a member would like to know.

I am proud that MANA TKS Toastmasters is the first club in Division C and one of the very few clubs in District 105 to have such an intricate calendar of its own. Today, we are humbled with so many clubs across areas and divisions expressing their interest in emulating our labor of love, our club calendar!

An Ayurvedic doctor by profession, she is a passionate dancer who has learnt the classical dance form 'Kuchipudi'.



**TM CHAMPAKAVALLI**  
PRESIDENT, MANA TKS TOASTMASTERS CLUB

**CALENDAR SNAPSHOT**

SI.No	PQD AWARDS	DATE
1	<b>105 Fast Track Award</b> First 105 clubs that get highest DCP points and min 2 points from Education DCP	Before 31-12-2020
2	<b>Super 7 COT Award</b> Clubs that have all 7 clubs officers trained in both terms COT	Before 28-02-2021
3	<b>Hall of Fame GOLD</b> Clubs getting 90% points on the tracker (19/21 points)	Before 30-04-2021
4	<b>Hall of Fame SILVER</b> Clubs getting 80% points on the tracker (17/21 points)	Before 30-04-2021
5	<b>Hall of Fame BRONZE</b> Clubs getting 70% points on the tracker (15/21 points)	Before 30-04-2021
6	<b>Triple Crown</b> Producer Club with 5 or more Triple Crown Award	Before 05-05-2021
7	<b>Distinguished Club</b> ProgramAchieving Distinguished statuses	Before 30-06-2021



## MANA TKS TOASTMASTERS CLUB

CLUB NO - 05277651, AREA - 11, DIVISION - C, DISTRICT - 105, REGION - 11

COMMUNICATION IS ART OF LIFE

Jul-20		Aug-20		Sep-20		Oct-20		Nov-20		Dec-20	
1-Jul	Wed	New Club officers Term	1-Aug	Sat		1-Sep	Tue	Membership Fee Collection	1-Oct	Thu	
2-Jul	Thu		2-Aug	Sun		2-Sep	Wed		2-Oct	Fri	Regular Session
3-Jul	Fri	Regular Session	3-Aug	Mon		3-Sep	Thu		3-Oct	Sat	
4-Jul	Sat		4-Aug	Tue		4-Sep	Fri	Regular Session	4-Oct	Sun	
5-Jul	Sun		5-Aug	Wed		5-Sep	Sat		5-Oct	Mon	
6-Jul	Mon		6-Aug	Thu		6-Sep	Sun		6-Oct	Tue	6-Nov
7-Jul	Tue		7-Aug	Fri	Regular Session	7-Sep	Mon		7-Oct	Wed	
8-Jul	Wed		8-Aug	Sat		8-Sep	Tue		8-Oct	Thu	
9-Jul	Thu		9-Aug	Sun		9-Sep	Wed		9-Oct	Fri	Regular Session
10-Jul	Fri	Regular Session	10-Aug	Mon		10-Sep	Thu		10-Oct	Sat	
11-Jul	Sat		11-Aug	Tue		11-Sep	Fri	Regular Session	11-Oct	Sun	
12-Jul	Sun		12-Aug	Wed		12-Sep	Sat		12-Oct	Mon	
13-Jul	Mon		13-Aug	Thu		13-Sep	Sun		13-Oct	Tue	13-Nov
14-Jul	Tue		14-Aug	Fri	Regular Session & Installation Ceremony	14-Sep	Mon		14-Oct	Wed	
15-Jul	Wed		15-Aug	Sat		15-Sep	Tue	CQD Award - Lead & Win	15-Oct	Thu	
16-Jul	Thu		16-Aug	Sun		16-Sep	Wed		16-Oct	Fri	Regular Session
17-Jul	Fri	Regular Session	17-Aug	Mon		17-Sep	Thu		17-Oct	Sat	
18-Jul	Sat		18-Aug	Tue		18-Sep	Fri	Regular Session	18-Oct	Sun	
19-Jul	Sun		19-Aug	Wed		19-Sep	Sat		19-Oct	Mon	
20-Jul	Mon		20-Aug	Thu		20-Sep	Sun		20-Oct	Tue	20-Nov
21-Jul	Tue		21-Aug	Fri	Regular Session	21-Sep	Mon		21-Oct	Wed	
22-Jul	Wed		22-Aug	Sat		22-Sep	Tue		22-Oct	Thu	
23-Jul	Thu		23-Aug	Sun		23-Sep	Wed		23-Oct	Fri	Regular Session
24-Jul	Fri	Regular Session	24-Aug	Mon		24-Sep	Thu		24-Oct	Sat	
25-Jul	Sat		25-Aug	Tue		25-Sep	Fri	Regular Session	25-Oct	Sun	
26-Jul	Sun		26-Aug	Wed		26-Sep	Sat		26-Oct	Mon	
27-Jul	Mon		27-Aug	Thu		27-Sep	Sun		27-Oct	Tue	27-Nov
28-Jul	Tue		28-Aug	Fri	Regular Session	28-Sep	Mon		28-Oct	Wed	
29-Jul	Wed	EID AL ADHA	29-Aug	Sat		29-Sep	Tue		29-Oct	Thu	
30-Jul	Thu		30-Aug	Sun		30-Sep	Wed	CQD Award - Smedley	30-Oct	Fri	Regular Session
31-Jul	Fri		31-Aug	Mon					31-Oct	Sat	
											31-Dec
											Thu
											PQD Award - 105 F Track

GENERAL INFORMATION				CLUB OFFICERS				
Session Venue	Online Session / Shieda International - Quru	President	MTM. Champaka Valli	95851312	SI.No	PQD AWARDS		DATE
Session Time	09:00 am to 11:00 am	VP-Education	TM. Sridhar	94634548	1	105 Fast Track Award First 105 clubs that get highest DCP points and min 2 points from Education DCP		Before 31-12-2020
Chartered Date	26-Feb-16	VP-Membership	TM. Arun Kumar	96754431	2	Super 7 COT Award Clubs that have all 7 clubs officers trained in both terms COT		Before 28-02-2021
Founder President	Anil Kumar Kadimcherla	VP-PR	TM. Anil Nagdi / TM. Anand	96620503 95649515	3	Hall of Fame GOLD Clubs getting 90% points on the tracker (19/21 points)		Before 30-04-2021
TMI Website	<a href="https://www.toastmasters.org/">https://www.toastmasters.org/</a>	Secretary	MTM. Swetha Badri	98484503	4	Hall of Fame SILVER Clubs getting 80% points on the tracker (17/21 points)		Before 30-04-2021
GOALS FOR 2020 -2021		Treasurer	MTM. ZehraSultan	94064149	5	Hall of Fame BRONZE Clubs getting 70% points on the tracker (15/21 points)		Before 30-04-2021
Achievement	Presidential Distinguished Club	Seargent at Arms	TM. Kharnar Basha	98480789	6	Triple Crown Producer Club with 5 or more Triple Crown Award		Before 05-05-2021
DCP Points	10 out of 10	Past President	TM. Chethanya Kumar	96356903	7	Distinguished Club Program Achieving Distinguished statuses		Before 30-06-2021

Communication leads to community i.e understanding, intimacy and mutual valuing

# CLUB CALENDAR 2020 - 2021

Jan-21		Feb-21		Mar-21		Apr-21		May-21		Jun-21							
1-Jan	Fri	Regular Session	1-Feb	Mon		1-Mar	Mon	Membership Fee Collection	1-Apr	Thu		1-May	Sat		1-Jun	Tue	
2-Jan	Sat		2-Feb	Tue		2-Mar	Tue		2-Apr	Fri	Division Contest	2-May	Sun		2-Jun	Wed	
3-Jan	Sun		3-Feb	Wed		3-Mar	Wed		3-Apr	Sat		3-May	Mon		3-Jun	Thu	
4-Jan	Mon		4-Feb	Thu		4-Mar	Thu		4-Apr	Sun		4-May	Tue		4-Jun	Fri	Regular Session
5-Jan	Tue		5-Feb	Fri	Regular Session	5-Mar	Fri	Area Contest	5-Apr	Mon		5-May	Wed	PQD Award - Triple Crown	5-Jun	Sat	
6-Jan	Wed		6-Feb	Sat		6-Mar	Sat		6-Apr	Tue		6-May	Thu		6-Jun	Sun	
7-Jan	Thu		7-Feb	Sun		7-Mar	Sun		7-Apr	Wed		7-May	Fri	Regular Session	7-Jun	Mon	
8-Jan	Fri	Regular Session	8-Feb	Mon		8-Mar	Mon		8-Apr	Thu		8-May	Sat		8-Jun	Tue	
9-Jan	Sat		9-Feb	Tue		9-Mar	Tue		9-Apr	Fri	Regular Session	9-May	Sun		9-Jun	Wed	
10-Jan	Sun		10-Feb	Wed		10-Mar	Wed		10-Apr	Sat		10-May	Mon		10-Jun	Thu	
11-Jan	Mon		11-Feb	Thu		11-Mar	Thu		11-Apr	Sun		11-May	Tue		11-Jun	Fri	Regular Session
12-Jan	Tue		12-Feb	Fri	Club Contest	12-Mar	Fri	Regular Session	12-Apr	Mon		12-May	Wed		12-Jun	Sat	
13-Jan	Wed		13-Feb	Sat		13-Mar	Sat		13-Apr	Tue		13-May	Thu		13-Jun	Sun	
14-Jan	Thu		14-Feb	Sun		14-Mar	Sun		14-Apr	Wed		14-May	Fri	Regular Session	14-Jun	Mon	
15-Jan	Fri	Regular Session	15-Feb	Mon		15-Mar	Mon	CQD Award - Proactive Club	15-Apr	Thu		15-May	Sat	CQD Award - Platinum Peer	15-Jun	Tue	
16-Jan	Sat		16-Feb	Tue		16-Mar	Tue		16-Apr	Fri	Regular Session	16-May	Sun		16-Jun	Wed	
17-Jan	Sun		17-Feb	Wed		17-Mar	Wed		17-Apr	Sat		17-May	Mon		17-Jun	Thu	
18-Jan	Mon		18-Feb	Thu		18-Mar	Thu		18-Apr	Sun		18-May	Tue		18-Jun	Fri	Regular Session
19-Jan	Tue		19-Feb	Fri	Regular Session	19-Mar	Fri	Regular Session	19-Apr	Mon		19-May	Wed		19-Jun	Sat	
20-Jan	Wed		20-Feb	Sat		20-Mar	Sat		20-Apr	Tue		20-May	Thu		20-Jun	Sun	
21-Jan	Thu		21-Feb	Sun		21-Mar	Sun		21-Apr	Wed		21-May	Fri	Regular Session	21-Jun	Mon	
22-Jan	Fri	Regular Session	22-Feb	Mon		22-Mar	Mon		22-Apr	Thu		22-May	Sat		22-Jun	Tue	
23-Jan	Sat		23-Feb	Tue		23-Mar	Tue		23-Apr	Fri	Regular Session	23-May	Sun		23-Jun	Wed	
24-Jan	Sun		24-Feb	Wed		24-Mar	Wed		24-Apr	Sat		24-May	Mon		24-Jun	Thu	
25-Jan	Mon		25-Feb	Thu		25-Mar	Thu		25-Apr	Sun		25-May	Tue		25-Jun	Fri	Regular Session
26-Jan	Tue		26-Feb	Fri	Regular Session	26-Mar	Fri	Regular Session	26-Apr	Mon		26-May	Wed		26-Jun	Sat	
27-Jan	Wed		27-Feb	Sat		27-Mar	Sat		27-Apr	Tue		27-May	Thu		27-Jun	Sun	
28-Jan	Thu		28-Feb	Sun	PQD Award - Super 7 COT	28-Mar	Sun		28-Apr	Wed		28-May	Fri	Regular Session	28-Jun	Mon	
29-Jan	Fri	Regular Session				29-Mar	Mon		29-Apr	Thu		29-May	Sat		29-Jun	Tue	
30-Jan	Sat					30-Mar	Tue		30-Apr	Fri	Regular Session	30-May	Sun		30-Jun	Wed	PQD Award - Distinguished Club
31-Jan	Sun					31-Mar	Wed	CQD Award - Retention Brilliance	30-Apr	Fri	PQD Award - Hall of Fame Gold/Silver & Bronze	31-May	Mon				

LEADERSHIP IS PART OF LIFE

LIST OF AWARDS FOR 2020 - 2021

AWARD NAME	CQD AWARD ELIGIBILITY CRITERIA	RESPONSIBLE OFFICER
SMEDLEY	Add five new, dual, or reinstated members between August 1, 2020 and September 30, 2020	VPM
LEAD & WIN	Clubs that complete October membership dues renewal for minimum 25 members by September 15, 2020	Treasurer / VPM
PROACTIVE CLUB	Clubs that complete April membership dues renewal for minimum 25 members by March 15, 2021	Treasurer
RETENTION BRILLIANCE	Clubs that have achieved 80% membership retention in both cycles as of end of September 2020 and March 2021	President / VPM
PLATINUM PEER	Clubs to adopt new/struggling Club and help them at club meetings for 3 months, getting the peer Club to Distinguished status (with 1 DCP from adding members) by May 15, 2021	President / VPE

CLUB ACHIEVEMENTS

Year 2016 - 2017		Select Distinguished Club		
Year 2017 - 2018		President's Distinguished Club		
Year 2018 - 2019		President's Distinguished Club		
Year 2019 - 2020		President's Distinguished Club		
2016 - 17	Area Contest	Humorous	MTM Manasa	1st Runner
	Division Contest		TM Kashinath	2nd Runner
	DTAC		MTM Manasa	Winner
			MTM Manasa	Participation
2017 - 18	Area Contest	Humorous	MTM Srividya	1st Runner
		Table Topics	TM Venkatesh Kulkarni	1st Runner
		International	MTM Srividya	1st Runner
2018 - 19	Area Contest	Humorous	MTM Champakavalli	Winner
	Division Contest	Humorous	TM Chethanya Kumar	2nd Runner
2019 - 20	Area Contest	Humorous	TM Chethanya Kumar	Winner
		International	TM Chethanya Kumar	2nd Runner
		Evaluation	TM Sridhar	1st Runner
		Table Topics	TM Anil Kumar	2nd Runner

Be a unicorn in the field of horses

# CONVERSATION...

**DTM Venugopal chats with DTM George Meladan Thomas, who introduced members of the Kerala community to Toastmasters, in Oman.**

*THIS INTERVIEW IS PARTLY IN ENGLISH AND PARTLY IN MALAYALAM.*



DISTRICT 105, CLUB EXTENSION CHAIR



**Tell us what inspired you to become a Toastmaster?**

As the famous proverb goes “No one can live as an island”. Since childhood I had the habit of making selective friendships. In 1989 when I reached Oman, I started work at the Ministry of Electricity, where work hours ended by 2.30 pm. It was a challenge to spend time fruitfully after that. Though I tried various activities to socialize, what made me most happy was when I found Toastmasters. It gave me the opportunity to interact with positive minded people and improve my communication skills.

My Toastmasters journey started in the year 2003, as a charter member of Petrous Toastmasters club. That was a milestone decision in my life. After a break during the Gulf war my journey re-started in 2009 when we started the ABC Toastmasters club.

**Throw some light on how the Malayalam Toastmasters movement started in Oman?**

I was very keen on doing something for the

people of my community. When I started reaping benefits from Toastmasters, I knew that introducing them to Toastmasters was the best service I could do for them. Since most of them were comfortable with our native language, starting bilingual clubs seemed most suitable. As the Chinese proverb goes “Give a man a fish and you feed him for a day. Teach a man to fish, and you feed him for a lifetime”.

In fact, DTM Venugopal, you are the one who showed me the direction. I had similar discussions with DTM Cyprian, who then sent me all the relevant information received from Qatar Malayalam Toastmasters Clubs. With the help of committed Toastmasters, we conducted our first Malayalam Demo Meeting.

I can't forget the wholehearted support of Venugopal, Sankaran Nambissan, Praveen Panikar, and T Bhaskaran towards registering Malayalam Toastmasters on 20th October 2015, the first Malayalam club of Oman.



CHARTER CEREMONY

The Malayalam community accepted our idea readily, and membership reached 35. Within 10 months we worked on the 2nd club, Muscat Malayalam Toastmasters.

Word spread, and after a social gathering when many more people expressed interest in Toastmasters, we formed Ruwi Malayalam and Sunrise Malayalam TM clubs, all within a span of 4 Years.

#### **How successful have the clubs been?**

All our clubs are successfully functioning as bilingual clubs. Regular meetings and contests are held in both languages and members are happy with the opportunity to excel in both English and Malayalam. Our clubs have consistently achieved President's Distinguished status, created Distinguished Toastmasters (DTM), a

number of Area directors, and a Division Director.

#### **You are also the club extension chair of District 105. What are your key responsibilities?**

It is an honor for me to serve as the Club Extension Chair. We have a vibrant Club Growth Director (CGD) Rania Abul-Rub, DTM and an enthusiastic seven-member panel to support the District. Our team is responsible for one of the most important aspects of the district's marketing strategy, which is qualifying, managing and tracking leads.

We are also responsible for recruiting, training and tracking sponsors for new clubs that are getting chartered. We follow up and monitor all credible new club leads within



the boundaries of our district. Extending support for demonstration meetings is also part of our routine. We assist sponsors to ensure that clubs are served effectively and advise them on the finance angles. We also collaborate with the Club Quality Chair to create resources that will support Club Extension activities.

**We are globally challenged and online meetings are the new norm. In such a scenario how are you gearing up to support the district mission of adding new clubs?**

There are several factors at play here. On the one hand online meetings have reduced the expenses of conducting and attending meetings and saved commute time. They have also stretched boundaries and limits,

but on the other hand many people are facing income and job losses. We are trying to convert obstacles into opportunities with the support of technology, but only time will tell.

**Do you have any plans to start clubs in Sohar, Salalah, Alain, Jordan etc.?**

Frankly speaking I have set no boundaries to start Toastmasters clubs. Our team is working on the work started by the previous committee. We have some discussions going on with the Salalah and Jordan teams. We also have hope for language clubs in Sohar and Alain.

We hope to soon start an Advanced Malayalam TM club called Kerala Malayalam, in Oman.

Q. ദ്വിഭാഷാ ടോസ്റ്റ്മാസ്റ്റേഴ്സ് ക്ലബ്ബുകൾ അഭിമുഖീകരിക്കുന്ന വെല്ലുവിളികൾ എന്തൊക്കെയാണ്?

നന്ദി ഡിടിഎം വേണു; തീർച്ചയായും ഇത് ഒരു നല്ല ചോദ്യമാണ്. പ്രസിദ്ധമായ പഴഞ്ചൊല്ലുണ്ട് “ബഹുജനം പലവിധം” എന്ന ചൊല്ല് ഇവിടെയും പ്രസക്തമാണ്. ഉദാഹരണത്തിന് മലയാളം ടോസ്റ്റ്മാസ്റ്റേഴ്സ് ക്ലബ്ബുകളുടെ ദ്വിഭാഷാ ക്ലബ്ബുകളുടെ കാര്യം പറഞ്ഞാൽ;

പല വിഭാഗത്തിലുള്ള ഭാഷാസ്പേഹികളാൽ സമ്പന്നമാണ് മലയാളം ടോസ്റ്റ്മാസ്റ്റേഴ്സ് ക്ലബ്ബുകൾ. അതിൽ പ്രധാനപ്പെട്ട ഏതാനും വിഭാഗങ്ങൾ ഇവയാണ്.

1. ദൈവത്തിന്റെ സ്വന്തം നാട്ടിൽ ജനിച്ചു വളർന്ന മലയാളിയുടെ മാതൃഭാഷാ സ്പേഹം.
2. അതിജീവനത്തിനായി അധിവസിക്കുന്ന നാട്ടിലെ ഭാഷയോടുള്ള ബഹുമാനവും മാതൃഭാഷയോടുള്ള മമതയും. ഇവരുടെയെല്ലാം പ്രതീക്ഷകൾ ഏകോപിപ്പിച്ചു കൊണ്ടുള്ള യാത്ര അല്പം ദുഷ്കരമാണ്.

എന്നാൽ ടോസ്റ്റ്മാസ്റ്റേഴ്സ് നൽകുന്ന ദ്വിഭാഷാ സ്വാതന്ത്ര്യം ഉപയോഗപ്പെടുത്തി എല്ലാ വിധത്തിലും പ്രവർത്തന മേഖലയിലൂടെ മലയാളികളുടെ ആഗ്രഹാനുസരണം മലയാളം ടോസ്റ്റ്മാസ്റ്റേഴ്സ് പ്രസ്ഥാനം വളർന്നുകൊണ്ടിരിക്കുന്നു. പ്രശ്നങ്ങളിലേക്ക് നോക്കി നിൽക്കാനല്ല. ലക്ഷ്യത്തിലേക്ക് കുതിക്കാനാണല്ലോ ടോസ്റ്റ്മാസ്റ്റേഴ്സ് നമ്മളെ പഠിപ്പിക്കുന്നത്.

Q. എന്ത് കൊണ്ട് ദ്വിഭാഷാ ടോസ്റ്റ്മാസ്റ്റേഴ്സ് ക്ലബ്ബുകൾ? ഭയമില്ലാതെ ആശയവിനിമയം നടത്താൻ കഴിയുക എന്നതാണ് ജീവിതവിജയത്തിലേക്കുള്ള ആദ്യചവിട്ടുപടി എന്ന് ഞാൻ വിശ്വസിക്കുന്നു. സ്വന്തം മാതൃഭാഷയിൽ ആത്മവിശ്വാസത്തോടെ, മടിയില്ലാതെ സംസാരിക്കാൻ കഴിയുന്നത് മറ്റേത് ഭാഷയിലും സംസാരിക്കാനുള്ള ആത്മവിശ്വാസം നമുക്ക് നൽകുന്നു. അതോടൊപ്പം അസാമാന്യമായ നേതൃപാടവവും!

മലയാളം ടോസ്റ്റ്മാസ്റ്റേഴ്സ് ക്ലബ്ബുകളുടെ കാര്യമെടുത്താൽ, വിദ്യാഭ്യാസസമ്പന്നരായ മലയാളി സമൂഹത്തിന്റെ മുഖ്യത്തകർച്ചക്ക് പ്രധാന കാരണം ആശയ വിനിമയത്തിലും നേതൃപാടവത്തിലുമുള്ള മികവില്ലായ്മയാണ്. ഈ കഴിവുകൾ ലോകോത്തര നിലവാരത്തിൽ ലഭ്യമായില്ലാതെ, മതം, രാഷ്ട്രീയം തുടങ്ങിയ വിഭാഗീയ ചിന്തകളില്ലാതെ പ്രായവ്യത്യാസമില്ലാതെ അതിരുകൾ ഇല്ലാതെ പ്രവർത്തിക്കുന്ന ഏക പ്രസ്ഥാനമാണ് ടോസ്റ്റ്മാസ്റ്റേഴ്സ് ക്ലബ്ബുകൾ. ജീവിതവിജയം കൈവരിക്കാൻ ഒരു നല്ല വഴികാട്ടിയാണ് ടോസ്റ്റ്മാസ്റ്റേഴ്സ് ക്ലബ്ബുകൾ എന്നതിൽ സംശയമില്ല.

Q. ടോസ്റ്റ്മാസ്റ്റേഴ്സിന്റെ ലോകത്തിൽ താങ്കളുടെ ഇത് വരെയുള്ള വ്യക്തിപരമായ നേട്ടങ്ങൾ എന്തൊക്കെയാണ്? ദ്വിഭാഷാ ക്ലബ്ബുകളുടെ വളർച്ചക്ക്,



DTM GEORGE MELADAN AT THE ABC TOASTMASTERS CLUB MEETING

പ്രത്യേകിച്ചും മലയാളം ടോസ്റ്റ്മാസ്റ്റേഴ്സ് ക്ലബ്ബുകളുടെ വളർച്ചക്ക് എനിക്ക് കഴിയും. വിധം സംഭാവനകൾ നൽകാൻ കഴിഞ്ഞിട്ടുണ്ട് എന്നതെനിക്ക് വളരെയധികം ചാരിതാർത്ഥ്യം നൽകുന്നുണ്ട്. എനിക്കുണ്ടായ നേട്ടങ്ങളെക്കാൾ മറ്റുള്ളവർക്കെന്ന് നേടാൻ കഴിഞ്ഞു എന്നാത്തിലാണെന്റെ സന്തോഷം. ഇക്കാര്യം സ്വാതന്ത്രമായൊന്നവലോകനം ചെയ്കയാണെങ്കിൽ, അതിജീവനത്തിനായി ലോകരാജ്യങ്ങളിൽ അധിവസിക്കുന്ന മലയാളികളുടെ സമഗ്ര വളർച്ചയ്ക്കും ഏകോപനത്തിനും തുടക്കം കുറിച്ചിരിക്കുകയാണ് മലയാളം ടോസ്റ്റ്മാസ്റ്റേഴ്സ് ക്ലബ്ബുകൾ.

അംഗരാജ്യങ്ങളായ ബഹ്റൈൻ, ഇന്ത്യ (കേരളം) കെഎസ്എ, കുവൈറ്റ്, ഒമാൻ, ഖത്തർ, യുഎഇ. എന്നീ ഏഴു രാജ്യങ്ങളിലെ മലയാളം ടോസ്റ്റ്മാസ്റ്റേഴ്സ് ക്ലബ്ബുകളെ ഉൾപ്പെടുത്തി ലോകമലയാളം ടോസ്റ്റ്മാസ്റ്റേഴ്സ് 2020 ജൂണിൽ സാധിച്ചു എന്നത് ചരിത്ര നേട്ടമായി കാണുന്നു. ഇതേ തുടർന്ന് ചരിത്രത്തിൽ ആദ്യമായി ലോകമലയാളം ടോസ്റ്റ്മാസ്റ്റേഴ്സ് അന്തർദേശീയ ടോസ്റ്റ്മാസ്റ്റേഴ്സ് അന്തർദേശീയ നടത്തുവാനും വിജയികളെ പ്രഖ്യാപിക്കുവാനും സാധിച്ചു.

ശ്രേഷ്ഠ ഭാഷയായ മലയാളത്തിന് മഹത്തായ ടോസ്റ്റ്മാസ്റ്റേഴ്സ് പ്രസ്ഥാനത്തിൽ നിന്നും അംഗീകാരം നേടിയെടുക്കാനും, പ്രചാരണത്തിനും, ഭാഷാ പരിഭാഷയ്ക്കായും പ്രത്യേക സംഘങ്ങൾ രൂപീകരിക്കാനും അവരുടെ പ്രവർത്തനങ്ങളെ ഏകോപിപ്പിച്ചു മുന്നോട്ടു നയിക്കാനും സാധിക്കുന്നു എന്നതിൽ അഭിമാനമുണ്ട്.

ഇത് ഒരു തുടക്കം മാത്രമാണ്. മലയാള ടോസ്റ്റ്മാസ്റ്റേഴ്സ് പ്രസ്ഥാനം പടർന്നു പന്തലിടുകയും എന്നതിന് യാതൊരു സംശയവും ഇല്ല. മറ്റുരാജ്യങ്ങളിൽ നിന്ന് ലഭിക്കുന്ന പ്രതികരണങ്ങൾ അതിനു തെളിവാണ്. എവിടെയെല്ലാം മലയാളിയുണ്ടോ

അവിടെ മലയാള ഭാഷയുണ്ട്. ഭാഷ നൽകുന്ന ഐക്യമുണ്ട്. ഐക്യത്തിൽ നിന്നുള്ള ശക്തിയുണ്ട്. ശക്തി നൽകുന്ന സ്വാതന്ത്ര്യമുണ്ട്. ഈ സ്വാതന്ത്ര്യം നൽകുന്ന അഭിമാനമുണ്ട്.

ഞാൻ ലോകത്തെവിടെ ആയിരുന്നാലും മലയാളിയാണെന്നതിൽ അഭിമാനിക്കുന്നു.

ഇത് പോലെത്തന്നെ മറ്റു ദ്വിഭാഷാ ക്ലബ്ബുകളുടെ ഉന്നമനത്തിനായി പ്രവർത്തിക്കാൻ കഴിയും എന്ന് തന്നെയാണ് എന്റെ വിശ്വാസം, എന്റെ സ്വപ്നവും, അത് തന്നെയാണ് ക്ലബ്ബ് വിപുലീകരണക്കമ്മിറ്റിയുടെ അധ്യക്ഷൻ എന്ന നിലക്ക് എന്റെ ഉത്തരവാദിത്വവും.

നിങ്ങളുടെ വിലയേറിയ സമയത്തിനും, ഈ അവസരത്തിനും നന്ദി.



**VENUGOPAL PR, DTM**  
MALAYALAM TOASTMASTERS CLUB  
DISTINGUISHED SPEAKERS TOASTMASTERS  
AL KHALILI SUNRISE  
KAMBAN TOASTMASTERS CLUB

DTM Venugopal, the founder President and sponsor of the first Malayalam TM club in Oman has written the title song in Malayalam for the club which was inaugurated by the then Indian Ambassador H.E. Indra Mani Pandey. Even now everyone talks about the beautiful song written by DTM Venugopal.

## ಸಂಪರ್ಕ ಮತ್ತು ಸಂವಹನ

ನಾನು ಮಸ್ಕಟ್ ಗೆ ಬಂದು ಗಲ್ಪಾರ್ ಸಂಸ್ಥೆಯನ್ನು ಸೇರಿದಾಗ ಒಬ್ಬ ಸಹೋದ್ಯೋಗಿ ಮೋಹನ್ ಸಿಂಗ್ ಎಂಬಾತನ ಪರಿಚಯವಾಯಿತು. ಅವರು ವಯಸ್ಸಿನಲ್ಲಿ ನನಗಿಂತ ತುಂಬಾ ದೊಡ್ಡವರು. ಅವರು ಮತ್ತು ನಾನು ಮಸ್ಕಟ್ ಹೆದ್ದಾರಿ ಯೋಜನಾ ಕಾರ್ಯದಲ್ಲಿ ಕೆಲಸ ಮಾಡುತ್ತಿದ್ದೆವು. ನಂತರ ಬೇರೆ ಸಂಸ್ಥೆಗಳಿಗೆ ಸೇರಿಕೊಂಡವು ಹಾಗೂ ಸಂಪರ್ಕದಲ್ಲಿ ಇರುತ್ತಿದ್ದೆವು. ಆಗಾಗ ದೂರವಾಣಿ ಮುಖಾಂತರ ಅಥವಾ ಎಲ್ಲಾದರೂ ಭೇಟಿಯಾಗಿ ಸಂಪರ್ಕದಲ್ಲಿ ಇರುತ್ತಿದ್ದೆವು. ಈಗ ೭-೮ ತಿಂಗಳಿಂದ ನಾವು ಸಂಪರ್ಕದಲ್ಲಿ ಇರಲಿಲ್ಲ. ಅವರು ದೂರವಾಣಿ ಮಾಡಿದಾಗ ಅಥವಾ ಸಂದೇಶ ಕಳಿಸಿದಾಗ ನನ್ನ ಕೆಲಸದ ಒತ್ತಡದಿಂದಾಗಿ ನಾನು ಪ್ರತಿಕ್ರಿಯಿಸಬೇಕೆಂದಿದ್ದರೂ ಸಹ ಮರೆತು ಬಿಡುತ್ತಿದ್ದೆ. ಹಾಗಾಗಿ ಸಂಪರ್ಕ ಬಿಟ್ಟು ಹೋಗಿತ್ತು.

ಕಳೆದ ಶುಕ್ರವಾರ ನಾನು ದುಬೈ ವಿಮಾನ ನಿಲ್ದಾಣದಲ್ಲಿದ್ದಾಗ ಅವರು ದೂರವಾಣಿ ಮಾಡಿದರು. ನಾನು ಹೇಳಿದೆ - “ ಮೋಹನ್ ಜಿ ನಾನು ವಿಮಾನದ ಒಳಗೆ ಕೂತ್ಕೊಳ್ಳುತ್ತೇನೆ. ಖಂಡಿತಾ ಇವತ್ತು ನಿಮ್ಮನ್ನು ಸಂಪರ್ಕ ಮಾಡ್ತೇನೆ ”. ಅಂದು ಸಂಜೆ ದೂರವಾಣಿ ಮಾಡಿದೆ. ನಮ್ಮಿಬ್ಬರಿಗೂ ತುಂಬಾ ಸಂತೋಷ ಆಯಿತು. ಇಬ್ಬರೂ ಒಬ್ಬರಿಗೊಬ್ಬರು ವಿಚಾರಿಸಿಕೊಂಡೆವು. ಆಗ ಅವರು ಹೇಳಿದರು - “ ರವಿ ನಾವು ಸಂಪರ್ಕದಲ್ಲಿ ಇರುತ್ತಿದ್ದೆವು. ಆದ್ರೆ ಇದ್ದಕ್ಕಿದ್ದಂತೆ ಸಂಪರ್ಕ ಕಡಿದು ಹೋಯಿತು. ಯಾಕೆ ? ಏನಾಯ್ತು ? ನಾನೇನಾದ್ರೂ ನಿಮಗೆ ಬೇಜಾರು ಮಾಡಿದ್ದೆ ? ” ನಾನು ಹೇಳಿದೆ - “ ಆ ತರಹ ಏನೂ ಇಲ್ಲ. ಸಮಯದ ಅಭಾವದಿಂದಾಗಿ ನಾನು ಸಂಪರ್ಕ ಮಾಡಲು ಆಗಿಲ್ಲ. ದಯವಿಟ್ಟು ತಪ್ಪು ತಿಳಿಕೋಬೇಡಿ “. ಆಗ ಅವರು ಮುಂದುವರೆದು - “ ನಾವು ಕುಟುಂಬದ ಬಗ್ಗೆ ಕೆಲಸದ ಬಗ್ಗೆ ಸ್ನೇಹಿತರ ಬಗ್ಗೆ ಹಳೆಯ ಸಹೋದ್ಯೋಗಿಗಳ ಬಗ್ಗೆ ಹಾಗೂ ಎಷ್ಟೋ ವಿಷಯಗಳನ್ನು ನಾವು ಮಾತನಾಡುತ್ತಾ ಹಾಗೂ ಚರ್ಚೆ ಮಾಡುತ್ತಾ ಇದ್ದೆವು. ಆಗ ನನ್ನ ಮಾನಸಿಕ ಒತ್ತಡ ಕಡಿಮೆ ಆಗುತ್ತಿತ್ತು, ಮನಸ್ಸು ಹಗುರವಾಗುತ್ತಿತ್ತು ಹಾಗೂ ಜೀವನದಲ್ಲಿ ಸ್ಪೂರ್ತಿ ಬರುತ್ತಿತ್ತು. ಆಗಾಗ ಭೇಟಿ ಮಾಡೋಣ ಅಥವಾ ದೂರವಾಣಿ ಅಥವಾ ಸಾಮಾಜಿಕ ತಾಣಗಳ ಮೂಲಕ ಸಂಪರ್ಕದಲ್ಲಿರೋಣ ” ಅಂತ ಸ್ವಲ್ಪ ಕಡಿಮೆ ಧ್ವನಿಯಲ್ಲಿ ಹೇಳಿದರು. ನನ್ನ ಪತ್ನಿಯ ಜೊತೆಯೂ ಸಹ ಮಾತನಾಡಿದರು. ನಂತರ ಮಾತು-ಕಥೆ ಮುಗಿಯಿತು.

ಮಾತು-ಕಥೆ ಮುಗಿದ ನಂತರ ನಾನು ಸ್ವಲ್ಪ ಹೊತ್ತು ಕುಳಿತು ಯೋಚನೆ ಮಾಡಿದೆ. ನಾವು ನಮ್ಮ ಸ್ನೇಹಿತರ ಜೊತೆ ಸಂಪರ್ಕದಲ್ಲಿದ್ದರೆ ಅದಕ್ಕೆ ಎಷ್ಟೆಲ್ಲಾ ಶಕ್ತಿ ಇದೆ !! ಛೆ ! ನಾನು ಅವರ ಜೊತೆ ಇಷ್ಟು ದಿವಸ ಮಾತನಾಡದೆ ಎಂಥಹಾ ಕೆಲಸ ಮಾಡಿದೆ? ಎಂದು ಯೋಚನೆ ಮಾಡಿ ಇನ್ನೆಲೆ ನಾನು ಜನರ ಜೊತೆ ಸಂಪರ್ಕದಲ್ಲಿರಬೇಕೆಂದು ನಿರ್ಧರಿಸಿದೆ.

ಸಂಪರ್ಕ ಎಂದರೆ ಏನು?

ಭಾವನೆಗಳನ್ನು ಮತ್ತು ವಿಷಯಗಳನ್ನು ನಮ್ಮ ಮಾತಿನ ಮೂಲಕ, ಸಂಜ್ಞೆಗಳ ಮೂಲಕ ಅಥವಾ ಬರವಣಿಗೆಯ ಮೂಲಕ ಹಂಚಿಕೊಳ್ಳುವುದೇ ಸಂಪರ್ಕ. ಯಾರೊಂದಿಗಾದರೂ ಸಂಪರ್ಕದಲ್ಲಿರಲು ಸಂವಹನವು ಅತ್ಯಂತ ಮುಖ್ಯವಾದ ಅವಶ್ಯಕತೆಯಾಗಿದೆ. ಸಂವಹನವು ಬರೀ ಮಾತನಾಡುವುದಲ್ಲ. ಅದಕ್ಕಿಂತ ಉನ್ನತ ಸ್ಥಾನದಲ್ಲಿ ಇರುವುದು. ಸಂಪರ್ಕಗಳು ಮೌಖಿಕ ಮತ್ತು ಅಮೌಖಿಕವಾಗಿ ಇರುತ್ತವೆ. ಅವು ಹೇಗೆಂದರೆ - ಕಣ್ಣಿನ ಸಂಪರ್ಕ, ಸಂಕೇತ ಭಾಷೆ, ಭಾಷಾಭಾಷೆ, ಹ್ಯಾಪ್ಪಿಕ್ ಸಂವಹನ, ಹಾಗೂ ಕಾಲಗಣನೆ ಚಿತ್ರಗಳು, ಗ್ರಾಫಿಕ್ಸ್, ಧ್ವನಿ ಮತ್ತು ಬರವಣಿಗೆಯಂತಹ ಮಾಧ್ಯಮ ಮೊದಲಾದವುಗಳು.

ಸಂವಹನ :

ಸಂವಹನಕ್ಕೆ ಕಳುಹಿಸುವವರು, ಸಂದೇಶ ಮತ್ತು ಸ್ವೀಕರಿಸುವವರ ಅಗತ್ಯವಿದೆ. ಅದಾಗ್ಯೂ, ಸ್ವೀಕರಿಸುವವರು ಸಂವಹನ ಸಮಯದಲ್ಲಿ ಸಂವಹನ ಮಾಡುವ ಉದ್ದೇಶವನ್ನು ಅರಿತುಕೊಳ್ಳುವ ಅಗತ್ಯವಿಲ್ಲ; ಆದ್ದರಿಂದ ಸಂವಹನವು ಬಹಳ ದೂರದಲ್ಲಿ ಸಂಭವಿಸಬಹುದು. ಸಂವಹನ ಪಕ್ಷಗಳು ಸಂವಹನ ಮಾಡುವ ಪಕ್ಷಗಳು ಸಾಮಾನ್ಯ ಆಸಕ್ತಿ / ಉದ್ದೇಶದ ಕ್ಷೇತ್ರವನ್ನು ಹಂಚಿಕೊಳ್ಳಬೇಕು. ಸ್ವೀಕರಿಸುವವರು ಕಳುಹಿಸಿದವರ ಸಂದೇಶವನ್ನು ಅರ್ಥಮಾಡಿಕೊಂಡ ನಂತರ ಸಂವಹನ ಪ್ರಕ್ರಿಯೆಯು ಪೂರ್ಣಗೊಳ್ಳುತ್ತದೆ. ಪರಿಣಾಮಕಾರಿ ಸಂವಹನ

ಎಲ್ಲಾ ಸಂವಹನಗಳು ಉದ್ದೇಶಪೂರ್ವಕವಾಗಿ ಪರಿಣಾಮ ಬೀರುತ್ತವೆ. ಈ ಪರಿಣಾಮವು ಯಾವಾಗಲೂ ಸಂವಹನಕಾರರ ಪರವಾಗಿರಬಾರದು.

ಅವನ ಅಥವಾ ಅವಳ ಅಪೇಕ್ಷೆಯಂತೆ ಇರಬಹುದು. ಅಪೇಕ್ಷಿತ ಪರಿಣಾಮ ಅಥವಾ ಫಲಿತಾಂಶವನ್ನು ಉಂಟುಮಾಡುವ ಸಂವಹನವು ಪರಿಣಾಮಕಾರಿ ಸಂವಹನವಾಗಿದೆ. ಇದು ಸಂವಹನಕಾರನು ಬಯಸಿದ್ದಕ್ಕೆ ಕಾರಣವಾಗುತ್ತದೆ. ಪರಿಣಾಮಕಾರಿ ಸಂವಹನವು ಅಪೇಕ್ಷಿತ ಪರಿಣಾಮವನ್ನು ಉಂಟುಮಾಡುತ್ತದೆ, ಪರಿಣಾಮವನ್ನು ಕಾಪಾಡಿಕೊಳ್ಳುತ್ತದೆ ಮತ್ತು ಪರಿಣಾಮವನ್ನು ಹೆಚ್ಚಿಸುತ್ತದೆ. ಪರಿಣಾಮಕಾರಿ ಸಂವಹನವು ಅದರ ಉದ್ದೇಶಕ್ಕಾಗಿ ಅದನ್ನು ಯೋಜಿಸಲಾಗಿದೆ ಅಥವಾ ವಿನ್ಯಾಸಗೊಳಿಸಲಾಗಿದೆ. ಕ್ರಿಯೆಯನ್ನು ಉತ್ಪಾದಿಸುವುದು, ತಿಳಿಸುವುದು, ತಿಳುವಳಿಕೆಯನ್ನು ಸೃಷ್ಟಿಸುವುದು ಅಥವಾ ಒಂದು ನಿರ್ದಿಷ್ಟ ಆಲೋಚನೆ / ಬಿಂದುವನ್ನು ಸಂವಹನ ಮಾಡುವುದು ಇದರ ಉದ್ದೇಶವಾಗಿರಬಹುದು. ಪರಿಣಾಮಕಾರಿ ಸಂವಹನವು ಸಂವಹನ ಪ್ರಕ್ರಿಯೆಯಲ್ಲಿ ಸಂದೇಶ ವಿರೂಪಗೊಳ್ಳುವುದಿಲ್ಲ ಎಂದು ಖಚಿತಪಡಿಸುತ್ತದೆ.

ಗೆಳೆಯರೇ, ಸಂಪರ್ಕ ಮತ್ತು ಸಂವಹನಗಳೆರಡೂ ನಮ್ಮ ವೈಯಕ್ತಿಕ ಮತ್ತು ವೃತ್ತಿಪರ ಜೀವನದ ಎಲ್ಲ ಹಂತಗಳಲ್ಲೂ ಒಂದು ಪ್ರಮುಖವಾದ ಪಾತ್ರವನ್ನು ವಹಿಸುತ್ತದೆ. ಸಂಪರ್ಕದಿಂದ ಸಂಬಂಧವು ಏಳಿಗೇಗೊಳ್ಳುತ್ತದೆ. ಇದು ನಿಮ್ಮನ್ನು ಉತ್ತಮರನ್ನಾಗಿ ಗುರುತ್ತದೆ. ಆದ್ದರಿಂದ ಆರೋಗ್ಯಕರ ಜೀವನಕ್ಕಾಗಿ ಹಾಗೂ ಸಂಬಂಧಗಳನ್ನು ಸುಧಾರಿಸಲು ಮತ್ತು ಬಲಪಡಿಸಲು ನಾವೆಲ್ಲರೂ ನಮ್ಮ ಹತ್ತಿರ ಮತ್ತು ಅತ್ಯಂತ ವ್ಯಕ್ತಿಗಳೊಂದಿಗೆ ಯೋಗಕ್ಷೇಮವನ್ನು ವಿಚಾರಿಸಿಕೊಂಡು ಮತ್ತು ನಮ್ಮ ಕೈಲಾದ ಸಹಾಯವನ್ನು ಮಾಡುತ್ತಾ ಸಂಪರ್ಕದಲ್ಲಿರೋಣ ಹಾಗೂ ಉತ್ಸಾಹಭರಿತ ಮತ್ತು ಶಕ್ತಿಯುತ ಜೀವನವನ್ನು ನಡೆಸೋಣ.

DTM ಲ ರವಿಶಂಕರ

ಪ್ರದೇಶ 12 ನಿರ್ದೇಶಕರು - 2019-2018.

ಕ್ಲಬ್ ಮಾರ್ಗದರ್ಶಿ ಮತ್ತು ಸ್ಥಾಪಕ ಅಧ್ಯಕ್ಷರು

ಚಂದನ ಟೋಸ್ಟ್ ಮಾಸ್ಟರ್ಸ್ ಕ್ಲಬ್

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**L RAVISHANKARA, DTM**  
PAST AREA 12 DIRECTOR  
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A Mechanical Engineer by profession, and a Toastmaster since a decade, he is a talented singer who enjoys swimming and tennis.

# കോവിഡ് തുറക്കുന്ന വഴികൾ

മഹാവ്യാധിയുടെ കാലം മനുഷ്യന്റെ അതിജീവനത്തിന്റെ പല മനോഹര കാഴ്ചകളും നമുക്ക് കാട്ടിത്തന്നു. നമ്മുടെ വിനോദവേളകളിലെ മുൻ ധാരണകളെ മാറ്റിമറിച്ചു കൊണ്ട് പതിനഞ്ചു പേർ മാത്രം ചേർന്നെടുത്ത ഒന്നര മണിക്കൂർ നീളുന്ന നല്ല ചലച്ചിത്രങ്ങൾ മുതൽ കുടുംബത്തിനുള്ളിൽ പിറവിയെടുക്കുന്ന അതിരസകരമായ ഹ്രസ്വ ചിത്രങ്ങളുടെ ഒരു മഹാപ്രളയം തന്നെ നമ്മൾ ഇപ്പോൾ വീക്ഷിച്ചു കൊണ്ടിരിക്കുകയാണ്. തീർച്ചയായും കോവിഡ് എന്ന മഹാവ്യാധി നമ്മുടെയുള്ളിൽ എല്ലാം തന്നെ ഉറങ്ങി കിടന്നിരുന്ന കലാകാരനേയും നർത്തകിയെയും അഭിനേതാവിനെയും പാചക കല നൈപുണ്യം ഉള്ളവരെയും ഒക്കെ സാമൂഹ്യ മാധ്യമങ്ങൾ എന്ന മഹാ സാഗരത്തിലേക്കു തുറന്നു വിടുന്ന കാഴ്ചയും നമ്മൾ കണ്ടു. ആവർത്തന വിരസതകൾ ഉണ്ടാകാമെങ്കിലും പല പ്രകടനങ്ങളും വർഷങ്ങളായി ഈ മേഖലയിൽ തന്നെ നിൽക്കുന്ന പലർക്കും വെല്ലുവിളി ഉയർത്തുന്നതാണ്. പലപ്പോഴും പ്രതിഭയെക്കാളുപരി പറ്റുന്ന അബദ്ധങ്ങൾ ആയിരിക്കും ജനശ്രദ്ധ പിടിച്ചു പറ്റുകയും വൈറൽ ആയി മാറുകയും ചെയ്യുന്നത്.

നമ്മുടെയെല്ലാം ജീവിതചര്യകളുടെയും വിനോദങ്ങളുടെയും ഭാവി എങ്ങിനെയായിരിക്കുമെന്നുള്ളത് കോവിഡ് ഒരു വഴികാട്ടിയാണ്. എന്തുകൊണ്ട് മറ്റൊരു ശ്രേഷ്ഠ കലയായ പ്രഭാഷണ കലയെ നമുക്ക് ജനങ്ങളിലേക്ക് കൂടുതലായി എത്തിച്ചു കൂടാ? പലപ്പോഴും നമുക്ക് വീണു കിട്ടിയ വലു സാധ്യതകളെ ടോസ്റ്റ് മാസ്റ്റർമാരായ നമ്മൾ എന്ത് കൊണ്ട് ഉപയോഗിച്ച് കൂടാ? നിങ്ങൾ പ്രവർത്തിക്കുന്ന മേഖലയിൽ ഉള്ളതും നിങ്ങൾ വായിച്ചും ഇടപെട്ടും ആർജ്ജിച്ചുമെടുത്തതായിട്ടുള്ള അറിവിനെ നിങ്ങൾക്ക് കൂടുതൽ ആളുകളിലേക്ക് പകർന്നു കൊടുക്കുവാനുള്ള ഒരു വലു അവസരമാണ് സാമൂഹ്യ മാധ്യമങ്ങളിൽ ഇടപെടുന്നതിലൂടെ നമുക്ക് കൈവരുന്നത്. മുഖ്യമായും താഴെ പറയുന്ന നേട്ടങ്ങളാണ് ശ്രദ്ധേയമായിട്ടുള്ളത്.

1 അവതരിപ്പിക്കുന്നവർക്കും ശ്രോതാക്കൾക്കും ഒരുപോലെ പ്രയോജനം ലഭിക്കുന്ന നമ്മുടെ കൂട്ടിച്ചേരലുകളുടെ പ്രാധാന്യം കൂടുതൽ ആളുകളിലേക്ക് എത്തുന്നത് വഴി സ്വയം മെച്ചപ്പെടുവാനും കൂടുതൽ ആളുകളിലേക്ക് നമ്മുടെ സംഘടനയുടെ പ്രവർത്തനങ്ങളും ആശയങ്ങളും കൈമാറുവാനും സാധിക്കും.

2 നമുക്ക് എങ്ങിനെ കൂടുതലായി നമ്മൾ ആർജ്ജിച്ചെടുത്ത നേതൃപാടവുവും ആശയവിനിമയത്തിനുള്ള കഴിവും വളർത്തുന്നതിൽ സഹായിക്കാം?

3 നമ്മൾ പുതിയ ഒരു മേഖലയിൽ കൂടി കൈവയ്ക്കുന്നതു കൂടി നമ്മൾ അതിനായി ആർജ്ജിച്ചെടുക്കുന്ന സാങ്കേതിക ജ്ഞാനം നമുക്ക് ഒരു മുതൽകൂട്ടാകുന്നത് .

4, നമ്മുക്ക് ഇതിലൂടെ ലഭിക്കുന്ന ഉയർന്ന ആത്മവിശ്വാസം വീണ്ടും നമ്മുടെ സമ്മേളനങ്ങളിൽ നമ്മുടെ എല്ലാ അംഗങ്ങൾക്കും വർധിത ആത്മവീര്യം പ്രദാനം ചെയ്യുന്നത്.

അങ്ങിനെ നമ്മൾ ആശയങ്ങൾ ഉൾകൊണ്ടും പകർന്നുകൊണ്ടും ഒരു ചെറിയ സദസിൽ നടത്തിയിരുന്ന അറിവിന്റെ ആഘോഷത്തെ വളരെ വലിയ ഒരു ശൃംഖലയിലേക്കു മാറ്റുവാനുള്ള ഒരു അവസരമാക്കുവാനും കാലത്തിനു മുന്നെ സഞ്ചരിക്കാനായ് മനുഷ്യന് ജൻമന ഉള്ള ത്വരയ്ക്കു ആക്കം കൂട്ടുവാനും നമ്മൾ കൂട്ടായി നേതൃത്വം കൊടുത്താൽ നിഷ്പ്രയാസം സാധിക്കാവുന്നതേ ഉള്ളൂ.

നമുക്ക് ഇത് ഒറ്റയ്ക്കും കൂട്ടായും ചെയ്യാം. നമുക്ക് ഒരു ആശയം കേന്ദ്രീകരിച്ചു പലരും 1-2 മിനിട്ടു വീതം നീളുന്ന സന്ദേശങ്ങൾ റെക്കോർഡ് ചെയ്യുകയും അതിനെ കൂട്ടിയോജിപ്പിച്ചു വിരസത വരാത്ത രീതിയിൽ ഫെയ്സ് ബുക്ക് , യൂട്യൂബ് തുടങ്ങിയ സാമൂഹിക മാധ്യമങ്ങൾ വഴി പരമാവധി പ്രചാരണം നടത്തുകയും ചെയ്താൽ നമുക്ക് ഈ മഹാവ്യാധികാലഘട്ടത്തിൽ ഉൾവലിയാതെ എല്ലാ വിധ സമ്മർദ്ദങ്ങളെയും അതിജീവിച്ചു മുന്നേറാം.



**TM ABRAHAM**  
J.M. AL KHALILI SUNRISE TOASTMASTERS

Winner of second place in Oman Malayalam Toastmasters humorous speech contest 2019, TM Abraham believes in constant expansion of skills and his varied interests include science, technology and photography.

*Our regular column 'Stars & Stalwarts' comes with a twist. This time, the section features veterans and senior Toastmasters who have been instrumental in the growth of Division C.*



**CHETLUR PRASAD, DTM**  
CHANDANA TOASTMASTERS CLUB

## **The Journey of Empowering Leaders**

A Toastmaster with a serene smile, deep knowledge and compassion to build leaders is DTM Chetlur Prasad.

In his close to a decade's association with Toastmasters, he has focused on empowering members by encouraging them to take on responsibilities. Under his Division Directorship in the year 2019-20, Division C won several prestigious laurels.

He has conducted many youth leadership programs for children and is the Toastmaster Counsellor of "ISM Vikram Seth", a Gavels Club at Indian School Muscat, since 2017. He is affectionately called 'Professor' for his training and coaching skills.

He has a keen interest in learning more about parliamentary procedures, leadership, coaching and mentoring.

In spite of these marvellous achievements, all he has to say is that he is learning by doing and the Toastmasters fraternity boosts his positive outlook in life. Learning the knack of crafting and articulating swiftly is what keeps him passionate about Toastmasters.

**TM SRIDHAR KOLLEPARA**  
MANA TKS TOASTMASTERS CLUB



**CLITA VEENA CRASTA, DTM**  
DOMINA TOASTMASTERS CLUB

## **The Woman Who Never Gives Up**

DTM Clita Veena Crasta, is truly an inspiring woman who never gives up and always keeps pushing herself and people around her towards success. She became the first woman Club Growth Director and double DTM from Oman. As an Area & Division Governor, she achieved many accolades from the then District 20. She also built several new clubs during her term.



She is an amazing mentor, who sponsors and mentors children as little as 3 year olds as well as capable adults in Toastmasters. I am one such person, who she kept pushing towards success, from the time I was a Gavalier till I became a Toastmaster. No matter what happened, no matter the situation, she never gave up. She keeps pursuing her goals and inspires & motivates us to pursue ours.

She loves winning hearts of people more than winning laurels and maintains an amazing relationship with everyone she meets including her beloved members of District 20.

**TM NAMIYA NAEEM**  
DOMINA TOASTMASTERS CLUB



**GEORGE THOMAS, DTM**  
ELITE TOASTMASTERS CLUB

### **Grand Mentor of Oman**

**“Never miss an opportunity in life, but never be an opportunist!”** - DTM George Thomas

Fondly referred to as 'DTM' in Oman, DTM George Thomas is a mentor to many, Toastmasters and Non-Toastmasters. He is one of the founding members of the Toastmasters movement in Oman since 1999. He Initiated and started several clubs and was nicknamed 'Club Making Machine' by former District Director DTM Yasser Suleiman when he was LGM in 2013-14. Currently, he is an advisor to Division C.

I remember my journey of being a new toastmaster; I dreamt of paving a journey of self-worth & positivity and was actively searching for a mentor. I found a ray of sunshine in the Moustache man, DTM George, who is always smiling and encouraging Toastmasters to give their best by supporting and motivating them. He is an inspiration to me and to my fellow mates; he aspires to make a difference in the sedulous world of public speaking and confident leadership.

**TM ANKITA PRASAD**  
ELITE TOASTMASTERS CLUB





**HEMANTH BHASKARAN**  
ELITE TOASTMASTERS CLUB

### Living his Dream

He dreamt of a day when the club he founded would be awarded the best club in Oman. And, DTM Hemanth Bhaskaran's dream soon became a reality. Despite a modest start with very few members, Elite Toastmasters Club gradually grew and won the best club award in 2019-20.

He has come a long way since the time he started his Toastmasters journey. Initially he used to struggle to deliver sales presentations. His General Manager recommended that he join Toastmasters and the rest is history. Today, DTM Hemanth is well known in the Toastmasters' fraternity in Oman as a charismatic speaker and a versatile leader. When he was the Area Governor, he was always promoting pathways and he became the coordinator of the Pathways ambassadors in Oman.

He is ecstatic about the happenings of Toastmasters even during this difficult period. In his view, this is the time that the passion and determination of the members has reached a new high. He continues to live his dream of adding more members to the Oman Toastmasters fraternity.

**ASHOK KANAGASABAI**  
MANA TKS TOASTMASTERS CLUB



### The Secret Mantra of a Leader

**“Success usually comes to those who are too busy looking for it”.** DTM Janaki, who was chosen by the District as the **“Area Director the Year”**, embodies this.

Initially DTM Janaki was reluctant to become the Area Director. But once she was nominated, she decided to make Area 12 the best. And she ended up winning the title of the best Area Director! She helped each club achieve it's aspirations by encouraging teamwork, and maintaining consistent & persuasive communication with the club leaders. She chartered 2 new clubs and Area 12 became the first President's Distinguished Area with 4 clubs achieving **“President's Distinguished”**, and one each achieving **“Select Distinguished”** and **“Distinguished”**.



**JANAKI RAGHAVAN, DTM**  
ELITE TOASTMASTERS CLUB

DTM Janaki believes that joining Toastmasters was one of her wisest decisions, crediting her husband and 2 sons for supporting her. Her advice to all budding Toastmasters is, **“Enjoy every role and project you take up. Never do them for the sake of attaining titles or impressing others. This will help you grow and bring satisfaction.”**

**TM JALDEEP VIRANI**  
VOLTAS OMAN TOASTMASTERS CLUB



**TOM CYRIAC, DTM**  
BAHWAN INTERNATIONAL GROUP  
(BIG) TOASTMASTERS CLUB

**A Leader by Example**

True leaders plant trees for us and we benefit from its valuable fruits. DTM Tom Cyriac, is one such leader who planted a tree when he chose to become the Charter President of BIG Toastmasters club. His dedicated work, tenacity and strong leadership skills have shaped the destiny of the Club.

More than 400 employees of the Bahwan International Group Holding have utilized this platform for their self-development. DTM Tom is a very good speaker, trainer and mentor. His style of mentoring is awesome and most members want to be his mentees as they love his cool and friendly manner.

He took up the VP Membership role which is probably the most difficult club officer role this year. This shows his way of working. Members get motivated by his extraordinary performances in his Toastmaster journey. In DTAC 2018 he represented our Division in the speech evaluation contest. We wish for his continued support and service to the Club and the Toastmasters Fraternity.

**TM HAFEZ HASAN**  
BAHWAN INTERNATIONAL GROUP (BIG)  
TOASTMASTERS CLUB



## *Fleeting Moments, Everlasting Memories*



Toastmasters has given me the skills and confidence I need to effectively express myself in any situation. In fact, when I sent my ice breaker speech to my parents they became very emotional after listening to it . They said “ you still remember all our efforts and sacrifices and conveyed it to people”!

**MOHAMMED MUBEEN**  
VOLTAS OMAN TOASTMASTERS CLUB



A memorable moment for me is the day when our club achieved the President Distinguished Club status. Though it was a big achievement for the entire club, personally for me it was a dream come true. On becoming VPE, the only target I had set for myself was to take the club to the next level, whatever it took. Not only was the end satisfying but the journey was also fascinating and enlightening. Lesson learned - Always relationships work.

**PRASHANT BAFNA**  
TOASTMASTERS CLUB



### **The Day I Vanquished My Frenemy**

When I was a gavalier, I was competing in an Area contest against a friend who studied in my school. He was always favored and chosen for all events by the school and I was denied the opportunity. But in the Area contest, I represented my club, defeated my friend and won in 2 categories. It boosted my morale.

**NAMIYA NAEEM**  
DOMINA TOASTMASTERS CLUB



It was DTAC 2018. It was my first ever opportunity to be on stage to deliver a speech. I was facing a 400+ audience, and under the brightest spotlight I was nervously counting the 7 minute mark to end my speech. When one of the VVIPs Paddy Kennedy came to me, wished me and said “it was a great speech”, it meant a lot to me and I shall cherish this moment forever.

**GARUDA N PRAKASH**  
CHANDANA TOASTMASTERS CLUB



### **3 C's of Life from RMS Toastmaster Club**

RMS Toastmasters Club is a corporate club and the management gave us an opportunity to improve ourselves. A few of us joined Toastmasters, it was a choice that we made . Each and every speech has given us a chance to mould ourselves and the changes we acquired are remarkable. We overcame hurdles and came out of our comfort zone and that is the main reason for the drastic change in us. We only wanted to express our feelings, anger, injustices in a polite manner and Toastmasters has helped us do this.

**JIJI RADHAKRISHNAN**  
RMS TOASTMASTERS CLUB



As the name suggests, I thought Toastmasters is a place where people convene to share their joy & success and it would be a casual social gathering like every other “Raise a Toast” event. In contrast, from rolling out the agenda, giving the welcome address and delivering a vote of thanks, these sessions would beat any well-planned Annual General Meeting (AGM) of a corporate. Happy Toastmastering...

**NARESH A K**  
MANA TKS TOASTMASTERS CLUB



I was asked to be a part of the Editorial Team for our first-ever edition of the newsletter “Kamban’s Voice”. Being not comfortable at writing, I was hesitant initially, but I decided to give it a try. I truly enjoyed the experience and when our newsletter was released, I was very happy and satisfied. I will always cherish this moment. I believe in the saying that “Failure is not a crime. The crime is not trying”.

**FAIZAL AHMAD IBRAHIM**  
KAMBAN TAMIL TOASTMASTERS CLUB



**The Getaway**

Feeling elated and super-confident after winning the best speaker’s award for my icebreaker, I proceeded to give my second speech without adequate preparation. I had chosen the topic of our most cherished cruise trip to the Scandinavian countries and the nine days of extravaganza onboard the cruise, “The Getaway”. There I stood, in front of the audience, thinking about how I was going to mesmerize them with my storytelling. To my utter dismay, I went blank after barely mumbling a few words. My throat went dry and I stood there frozen, feeling like a lamb about to be butchered. Having learnt a lesson the hard way, I vowed to myself to practice like I have never won, and play like I’ve never lost, from that day onwards!

**SANDEEP PIMPLE**  
ELITE TOASTMASTERS CLUB



During my first toastmaster meeting, I was asked to participate in the Table topics session. It was a terrible experience when I faced the audience, I couldn’t say even a single word! My mind told me that I would never ever try again. But guess what, I have been doing that for the last 2 years!!! Yes it is still scary, but it is fun as well !!!

**YASSER AL MASKARI**  
MUSCAT DEBATERS TMC

# CLUB PHOTOGRAPHS

## AREA 10



**MALAYALAM TOASTMASTERS CLUB**



**RUWI MALAYALAM TOASTMASTERS CLUB**



**AL KHALILI SUNRISE TOASTMASTERS CLUB**

## AREA 11



**BAHWAN INTERNATIONAL GROUP  
TOASTMASTERS CLUB**



**DOMINA TOASTMASTERS CLUB**



**MUSCAT DEBATERS TOASTMASTERS CLUB**



**RMS TOASTMASTERS CLUB**



**MANA TKS TOASTMASTERS CLUB**



## AREA 12



**DISTINGUISHED SPEAKERS TOASTMASTERS CLUB**



**ELITE TOASTMASTERS CLUB**



**CHANDANA TOASTMASTERS CLUB**



**MUSCAT FAMILY TOASTMASTERS CLUB**



**VOLTAS OMAN TOASTMASTERS CLUB**



**KAMBAN TAMIL TOASTMASTERS CLUB**

# DISTRICT NEWS

<b>4</b> September 2020	Club Coach (CGD)
<b>5</b> September 2020	Keynote Speech by Champions (PQD)
<b>10</b> September 2020	District Excom
<b>11</b> September 2020	1st District Council
<b>19</b> September 2020	Mentors Workshop (PQD)
<b>2</b> October 2020	District CGD Event Club Meeting
<b>16</b> October 2020	District CGD Event Growth Series

September- Membership Building Season- Smedley Award Continues

# ACKNOWLEDGEMENTS

When a game of Scrabble comes to an end, the board is certain to still have gaps and a few letters may remain unused, but each letter on that board is part of a meaningful word, carefully chosen and strategically placed to award the greatest benefit.

We express our sincere gratitude to the following Toastmasters who helped us add context and significance to our Scrabble board.

1. Chetlur Prasad, DTM
2. Clita Crasta, DTM
3. Dileepkumar, DTM
4. George Meladan Thomas, DTM
5. George Thomas, DTM
6. Hemanth Bhaskaran, DTM
7. Janaki Raghavan, DTM
8. L.Ravishankara, DTM
9. Mohan Kamath, DTM
10. Tom Cyriac, DTM
11. Venugopal PR, DTM
12. Zahraa Shaito, DTM
13. TM Abidha Akhtar
14. TM Abraham J.M
15. TM Ankita Prasad
16. TM Ashok Kanagasabai
17. TM Avodai
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20. TM Faizal Ahmad Ibrahim
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23. TM Jaldeep Virani
24. TM Jiji Radhakrishnan
25. TM Kalyanasundararajan
26. TM Mohammed Mubeen
27. TM Namiya Naeem
28. TM Naresh A K
29. TM Neethu Unnikrishnan
30. TM Prajeesh Varkey
31. TM Prashant Bafna
32. TM Safiya Al Yarabi
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34. TM Saud Ali Almayyahi
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